



Gilles Morand

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Biography

This book is dedicated to Marcello Chiochio, my husband, for his support over forty long years.

Furthermore, I also dedicate this book to all individuals who possess the courage of action, in order to save the earth and all of mankind; to every member of ecological MLM's (Social Marketing) and their customers.

You are all co-creators



Prelude to change minds and mindsets www.conservation.org

In this new century, a new human consciousness manifests itself with individuals knowledgeable in regards to our planetary evolution and human collective consciousness or mentality where the majority of people predict a change in the size of the planet, within the first half of the twenty- first century. This change is intimately linked to the impact of any individual on their surroundings and on the earth as a whole. Spiritual life is in full swing after the first quarter of the twenty-first century. However, to adapt to change, it is up to each of us to prepare the ground, in order to reduce the negative impact of the transition between the beliefs of our current era and those of the era about to begin. The old concepts will give way to new, but it remains that we must leave behind what is accepted as evident in today's society. The Mayan calendars and prophecies were right! Co-create! We are living a time shift in our evolution today that give us the power to change the world!

A large force is deployed right now on Earth. A brand new energy which aims to raise awareness of the new people, and Multi-Level-Marketing (MLM), is making its way into the hearts of every human. Indeed, if we meet the challenge of health and human survival head on, we will achieve a milestone in our spiritual evolution.

Caution:

Wanting the good of all, notice the following text can be a bit overwhelming to certain readers. Due to the indifference that too many people present concerning the movement promoting the preservation of the natural environment, it seemed important to use words that shake the conscience. It is important that all be vigilant.

Introduction

Life and everything that is living matter (mineral, vegetable and animal) is filled with energy. Man is fragile living matter and what we sometimes do to our body can lead to an energy imbalance. The body eventually recovers, but not always according to the original energetic order.

This is why being centered; having both feet on the ground aims toward a more balanced system.

In other words, modern life molds humans into fixed habits that keep them distant from the essence of living and to taking control of such requires, above all, the profound desire to change something in one's life. Discovering our interior selves is the most natural thing there is and we are all faced with this concept at one point in time or another - to the consciousness of our body, our emotions, everything that determines identity is in fact a part of us all. Understanding how our interior self recovers provides benefits to the overall unity of (Mind-Body-Soul) Body-Mind-Emotion and permits humanity to evolve, to grow naturally. Social consciousness has taken us far and away from our true self and it is important to find a controlled energy balance, to demystify the role that life has given us. Therefore, let us choose to live and attain the balance of universal energy which is within reach by everyone and every living creature in the world.

In humans, there is no good or bad energy. There is only good energy or poorly directed energy. Energy is intelligent and its purpose is to maintain and regenerate life. When energy is flowing and nothing impedes its flow, all is good. But if it is slowed down or blocked - problems that may arise; discomfort and varying unpleasant sensations, if the blockage is not remedied may even cause disease in the long run.

Awakening towards a self explorative adventure is the positive result of the initial outbreak in wanting to "know yourself" for a permanent energy balance. Right now, you are at the bottom of the ladder to your destiny, of your interiority. Experience life's best and keep in touch with who you are ... to evolve and use all our energy in order to live in harmony with nature (in all its forms) and in our everyday life.

Without this philosophy, the human race has tendency to rush and eventually things go to ruin. However, we need only take a look at our planetary ecological situation (the greenhouse effect etc.)... Never forget that since the appearance of life on earth, man is the one species who best knows how to escape the curse of destruction and decay. Man knows they have to survive and improve their actions before the full uproar sets in. Man must unquestionably be "human" foremost and evolve on the side.

It's hard to evolve naturally! We must change our bad habits. Sure, the will to succeed in climbing the rungs, one by one, of the evolutionary scale, pushes us to work towards acquiring better habits necessary for our overall happiness. It is a personal adventure and yet inevitable for our personal well-being as much as for that of the earth. You see, no matter whom we are, each of us is responsible for their life and their own means in moving forward. Energy tamed, be it through any technique of self-exploration, ignores all race and all color. It has no particular religious belief or preconceived ideas about anything that encompasses the human race.

It has been said: "Know thyself" - and that's the key to our successful transition within the review of lives meaning, in order to strengthen our ego, self-confidence and humanistic consciousness.

Tamed energy is also known as energetic balance (Mind-Body-Soul), (body-mind-emotion), in harmony. All energetic techniques used in the discovery of your inner being as well as within the will to move forward, or, exist in order to make you an overall healthy and balanced person, in all respects.

I want you to recognize this tamed energy for life is a wonderful adventure...

Beware of any scientific discoveries (Space Telescope, agricultural satellite, GPS, laser, etc ...) that enable new ways of seeing nature, or anything else that needs to be harmonized with old concepts - as they seem outdated in terms of achieving better balance.

Science is the ultimate Cosmic Intelligence; therefore the ultimate science is Nature.

Obviously, keeping your head above the clouds in order to have a better overview of history (like the eagle, symbol of evolution) and your feet rooted to the ground (like the tree, symbol Life) are given to us. The twentieth century, with all its wonders, is far from having invented and explained such concepts. In fact, everyone must find within themselves, the courage to open their eyes and look beyond their fears, reacting through these actions by pure faith or established belief. If it was possible for Einstein to catch a glimpse into a universe that no one prior to him, then maybe other secret universes await someone like you - humble enough to transmit the beliefs to mankind. Overall, it is possible for you to achieve a very useful act. The best is yet to come! "Everything will work out!" - This is a message from above! From the spiritual world!

Have you ever wanted to break through the retaining bars and destroy the walls of your mesmerizing cultural prison, imposed by society? Have you ever had the desire to allow the wonderful secret within yourself - the Serpent of Wisdom - to bring forth your awareness concerning the confines of space and time?

The Effect of Pollution on Ecology

The Real Planetary Situation: www.tinyurl.com/urhomemovie

In the year 2000, the United Nations asked scientists, in general, what means they proposed for recreating balance between man and nature, to stop the destruction stemming from exploitation and pollution. The response from the scientists was very clear: "The new way of doing things is our old way".

For example, you may ask any indigenous people (aboriginal of any nation) exactly how their traditions managed to survive the unbelievable scourge of a five hundred year domination, controlled by the white man. The responses will all be similar - they were capable of respecting nature by avoiding its destruction. This specific answer is the same that was provided to the white man, entrepreneur-exploiter and polluter, who asked how to remedy his mistakes.

In April 1994, a white buffalo was born in Jacksonville, Wisconsin. For a bison, being born white appears to be completely impossible. In fact, this is so rare and considered so extraordinary that this occasion is actually unique in history. Furthermore, this special bison was advertised and publicized by Indian elders. This animal, born of another color, is also the symbol of the changes that lay ahead.

Hey! Yes! Aboriginal Indians of the world were persecuted, massacred for a total disappearance of a horrifying 96% - all because the white man wanted to occupy their territories. In the US, sixty

million aboriginal people diminished into a mere 800 000 souls. However, these said individuals know the answers to our world's questions and are willing to save the planet from devastation at the hands of the modern man, thanks to their traditional and overall respect for nature. This is the case especially for the traditionalists. The planet is like a mother who bears all life; this is why everyone must respect it. In fact, if we do not put a stop to the exploitation of the earth's tropical rainforests, the oxygen supply will, without a doubt, drop to a slim 50%. Yet, there are thousands of acres of such forests destroyed each day, equivalent to about three million hectares per year. This is nonsense! Further still, what about our western boreal forest cuts for lumber, construction and paper? Or concerning the disappearance of animals? More than a thousand species physically and completely disappear every year. How about what of commercial overfishing? Every year whales wash up on the beach due to changes within the magnetic field. How exactly is such killing, slaughter for exploitation causing pollution and disorder within nature? Since the human body consists of 80% water, this means that contaminated rivers, lakes and oceans is an overall warning sign for the extinction of human beings. In fact, this is what the American Indians and Aboriginal elders are willing to state concerning the violation of the earth over several centuries

Did you know that April 22 every year is Earth Day? This date has been well defined and distinguished in the global, traditional calendar. To remember this important date, where we are asked to perform a single action that benefits the world's environment, we should write "in relief" on the calendar. This is undoubtedly very important. Indeed, the earth goddess Gaia is alive but sick, because she is under the attack of a denatured whack. Gaia's life is our life. We are in danger of death. Man must respect life in all its forms (mineral, vegetable, animal). The smallest blade of grass is as much a form of living life as the largest tree around. The survival of humanity depends

on respect for all life, and this, at a global level. Life on our planet is not guaranteed indefinitely. This means that whatever happens, every action stemming from every individual and business is important to the environment. Everyone must do their part! Eliminate the process of destruction to our planet!

What to do? First, think holistically. This means to establish harmony and balance between the body-heart-brain. In short, practice love and compassion throughout life. Then physical action: recycle! Finally, evolve intelligently, so as to maintain people's health and promote ecology, in hopes that a future will be ensured across this majestic blue planet.

When will society function with motor vehicles run by something other than oil - this decaying, fossil fuel? Society appears to await NASA and other such companies that are deemed responsible for marketing a hydrogen-like fuel that would, apparently, allow cars to produce exhaust as pure as the air of the North American Rockies. Some predict it will be hydrogen; but when? The question can be answered by asking and mercantile companies and the individuals exploiting the resource, which expect the depletion of oil stocks to lead us into this new and revolutionary era.

Plastics, especially those that are not recyclable, are here to stay for several more generations; they are petroleum-based, oil pushing countries to kill to get it. And soon, ethanol, derived from corn or sugarcane, will be the fuel used by the industry and by the individual for his car. Did you know that the biggest air polluters, apart from the industrial world, are cars? There are 650 million motor vehicles currently in circulation on the earth. This is enormous! And China, which once prized the bicycle, now wants cars! Don't you think we need to find ways that will produce no

pollution, or almost none, for less? Protect the environment! How soon will we have electric cars? They are coming soon! Solar electricity currently seems too costly to transform the consumer's daily transportation. However, Japanese and Quebecers have developed an electric car engine that can replace motor oil and be put into your old car... recycle! Wow!

Since the emergence of life on Earth, human intelligence has had to deal with all kinds of plagues. So every time, DNA, intelligent living matter which we are all the result of, has always triggered new connections in the human brain, allowing humans to solve their problems and access a new stage in their evolution. Indeed, the number of brain circuits accessible through our nervous system is 8. It's step by step that man explores the 8 brain circuits and uses them to ensure learning of consciousness within the community. For example, man learns to walk before learning to write. Among the completed pillars of learning for man, we must mention overall development. In this regard, the collective consciousness of humans has a positive impact on behavior. For example, when humans learned to give importance to others; society quickly took advantage of this openness towards others. In turn, man learned from others, there were human exchanges. Which makes it new. So every era has its own share of discoveries. It then comes as a revelation that excites and motivates the human. There are people, and their number is growing, that are smart enough to have figured out concern for the future of humanity: love and compassion for others and energy from the heart. Achieving this love and compassion and, consequently, changing minds will soon be a reality for all. It's just a matter of time. www.solar-revolution-movie.com

The grandest field left to discover is space. Is it within reach? Go for it! Is it not? Gaia is dying as the number of whales in the ocean and the ozone layer decrease dangerously. The ice caps are

shrinking. This causes several problems on Earth. For example, we see that there is an increase in skin cancer and the global temperature is rising by one degree Celsius per decade - instead of one degree Celsius per century, as was the case before the industrial era. However, the stratosphere around the planet will balance this problem in this century. Consequently, we must all adhere to environmental protection, marketing through ecological networks. We have to ensure the avoidance of giant tanker accidents that dump oil slicks into the sea, destroying the flora and fauna up to thousands of kilometers away. When will the bottom double-hull tankers be recognized as killers? And what about derailment on railways and those long freight trains full of chemicals? They pose a deadly risk to the surrounding population and a potential menace to the underground water layer.

Now that nuclear arsenal begins to be reduced, will this serve only to protect us from the giant meteor heading towards our planet? This is its only ecological benefit, aside from the guard, as policy, a territorial and ideological persuasion tool (the United States and North Korea for example). Hundreds of nuclear submarines are rotting at the bottom of the Arctic Ocean right now. What are governments doing?

Furthermore, nuclear waste deposited in supposedly-radiation-sealed-containers has long been downright thrown overboard in regular or lined barrels. Think of the multitude of tankers that spill on the road, due to liquids that unbalanced the center of gravity. These accidents leave it up to the environment to drain the oil, which is very harmful. Think even further about cracked nuclear power plants, ruptured and perforated oil and gas pipelines of the former USSR? Finally, do all authorities themselves carry the medical waste uniquely in such appropriate incinerators?

Despite these obvious facts, there is a certain correction to be made. While most cities use their sewage and garbage systems appropriately, they would certainly have had better control on the impact of slag to the environment. When will Japanese plants be put to use to filter contaminated water and make it drinkable without chemicals? Other actions should and can be taken. Today, we recycled pulp and paper, glass, plastic, metal, as well as many electronic parts. Hydroelectric megaprojects, left without anti-terrorist surveillance, are drowning the wild lands, producing nitrogen and methane in the air and are central causes of pollution. We like to say that Quebec produces clean energy. What an aberration! When will wind farms proliferate? When will we recycle the roads of Quebec, which are in such poor condition? Why not build them from old recycled tires mixed with asphalt? In this case, they could serve towards something useful - instead of rotting in municipal dumps. The budget for repaving the roads was set aside twenty years ago and even enabled the political party of the time: promoting their ideals and enforcing their brainwashing. However, the current states of the roads in Quebec appear to be postwar. Think green or die! The future of the human being has arrived!

As was already mentioned, the last area to explore is space. No one doubts the potential it offers to researchers and scientists today in order to study and observe the planet, to find the means to survival. Steven Hawking, an astro-biologist suffering from sclerosis, states "humanity is so attached to technology that will self-destruct, extinction of humanity towards the year 2,045".

The Future of Humanity

Assuming that the universe is filled with hundreds or even thousands of inhabited planets - all with different and intelligent life forms - we can then hope to contact these life forms in order to communicate and live together in love and universal peace? Yes! However, too many people are afraid of such visitors from space, as they are already aware of our destiny. If we take care of the environment, in due time, these extraterrestrial species will ensure our survival; only then will intervene at our request - because they require us to show them that we care for our earth.

We, as a society, will take a huge step forward and perhaps even save the planet - if time allows us to do so and depending of course on the state of our planet. We may even access outer space. This will prove that life on earth has earned human respect and can therefore be perpetuated. If we take increasingly ecological actions and secure them for our health and the environment, then our closest neighbor will benefit. Do not forget that we just might suffocate in our own human folly.

Does this mean that if the planet continues to deteriorate due to stupidity of the man, will the only solution be to gather all the scientific knowledge? Does this mean that therefore, only astronauts and wealthier people are qualified to colonize space? These are not the specific words in the air. These space colonies will perhaps emerge faster than we had planned. I believe that living in space is the only inevitable solution for the survival of the human species.

We know that a star, like our sun, has a service life of at least five billion years. Our solar star, the earth, survived for about four and a half billion years. That leaves five hundred thousand years

before it becomes a red giant and super nova. In other words, our planet will in fact explode, resulting from its race against time. There is no doubt that before this happens; a planet that is closer to the sun, younger and likely to produce life will first be discovered, ensuring the survival of the human species.

Humanity is doomed to leave its current nest. Which generation is bound to experience this fabulous adventure? Maybe in a hundred years, but time is our best asset for now. The balance between man and his natural environment should be sought at all costs. Everyone must do their part to improve the environment. Humans, because of their consumption of toxic household products, small and medium enterprises and multinationals businesses, due to their enormous amount of pollution, must act immediately in order to keep our environment healthy. We must take charge of hazardous waste, recycling, and all other related issues! Only 17% of household waste is recycled. Consider the preservation of the environment and we will see the result: human survival and long-term planetary for generations to come. Let's be careful with the choices that are currently available to us! Nature, Gaia and science have always given good advice to those who can hear them - use this advice wisely. Operate as humanely as possible, while respecting life for what it really is: fragile and intelligent. Use ecological household products that are biodegradable. Clean up a sector of wooded land to facilitate the transitional age of 2012-2017 which will last about three months. The new planetary vibrations will settle in and the outcry will flow towards the cities. Certain religions, ignorant and gullible concerning the Apocalypse, believe that what is currently happening is the end of the world. In fact, this is the end of the world - however, it is also the birth of a new one. This is what many authors call the 'transition of ages' - or the announcement of

thousands of more years of peace on earth. Hurry up! Open your heart for a global change!

www.heartmath.org/gci

Our role towards our good old' planet earth is to ensure universal harmony. Never forget to keep our planet healthy. The human being (man, woman, child) are all affected by the environmental and technological changes. Respect nature! Furthermore, in this modern and decisive time for human and spiritual evolution, the earth will store all information. We are all born from Gaia - our Mother Earth. There remains only fifty years for humans, according to environmentalists, to initiate the necessary worldly turn of action. Otherwise, it's simply the end of the human race. This would sum up to a lack of drinking water and food at the global level. The colonization of space is the only intelligent solution to our survival. What happens to the Kyoto agreement and protocol abatement of greenhouse gases?

SETI (Search for Extraterrestrial Intelligence) Search for Alien Life

On the 12th of October 1992, NASA (National Association Space Agency) Carl Sagan, an astrobiologist speculated that within the past 10,000 years of modern history, we had at least one visit from extraterrestrial species. At this same time, NASA commenced a research program where two giant radio telescopes were located in Green Bank, USA, to monitor any extraterrestrial life on other planets by capturing radio waves from exterior solar systems, revealing the existence of other intelligent life - be them similar or different to ours. The reason is that the scientific world, given the vastness of the universe, has awakened and no longer believes that human beings are the only inhabitants. Today, over 1000 such radio telescopes are directed towards the stars.

When Charles Lindbergh performed his legendary flight, his assumption was that he was capable of reaching Paris, by crossing the Atlantic Ocean, nonstop. The main hypothesis of the US space research team being to prove that man can reach cosmic space continuously at will. What is the reason for the importance of space exploration? The main reason is the current overpopulation of the earth. Indeed, such overpopulation of the planet will become insoluble problem in just a few centuries. From 1950 to 2022, the earth's population increased from 2 billion to 7 and a half billion people. According to statisticians, the world's population will reach 8.7 billion people by 2050. In other words, this means that there will be approximately 335 people per square kilometer. According to NASA, this then threatens worldwide hunger. We must not forget that if this happens, the eventual consequences are inevitable.

Listen to the gospel*. It reads: "Eat only when the sun is at its highest point in the sky and a second time when it is lying. So you will never see disease, because those conducting this kind found favor rest in the eyes of the Lord. And if you want the angels of God to rejoice within your body and Satan fled far from your soul, in this case, do not take up a seat more than once a day at God's table".

The Japanese say: "Rice is Buddha". Dieticians advise us to eat three meals a day. What is important is to eat every day.

"Darkness and light are both of the same nature; the difference is only apparent, because each is born from the source of all" --- Extract from the tables Emerald of Thoth. ---

* SZÉKELY, EDMOND "Ancient Aramaic texts and Slavonic, Lausanne, Editions Pierre Guémillard 1975, 170 p.

We believe that humanity will one day settle on a planet like Mars, and it will adapt to the climatic and physical conditions of this planet - in the same way that the Inuit would adapt to the climate in Egypt, if they were ever to be transplanted there. The greatest quality of man is the ability to adapt to all life situations. One day, gigantic spaceships will shuttle between planets where we live with our children, and the children of our children. New planets are conquered and welcome each other as they did in the past, like America and Australia for example. This is the overall objective of space research: to offer future generations a chance at survival. Losing interest in the conquest of space is to condemn future generations into perish and hunger.

Here is the Drake equation by which NASA is based and further utilizes in order to support its claims and prove its case: Only our galaxy, the Milky Way, will host an approximate 10 000 advanced extraterrestrial civilizations. Do they have something of supreme importance in relation to us? According to galactic law, these civilizations cannot interfere with us - at least not without our consent.

Research is not all esoteric, nor does it relate only to savvy specialists. For example: explorations on Mars. Even those who feel that they have no responsibility in relation to humanity can not ignore the fact that the only reason humanity has not undergone a third world war is thanks to and through such research. Indeed, is it not the fear of total destruction that prevents major powers from deciding, but the material and ideological differences within a nuclear war?

We often hear that we should invest billions of dollars into developing countries who turn towards spatial research. This view is highly questionable. Obviously, the working masses of the Third World have already become the slave of multinational companies. This is due to poor and underprivileged countries seeking to live the industrialized and comfortable life of the Western civilization.

A myriad of beautiful human experiences await healthy and evolved people - or individuals intending to become so throughout their present life. I can hardly reveal what awaits these people, because, honestly, I have no idea. It is personal to each individual. Saying we will save the planet will lead us towards saving the planet. Everything will work out, - this is a message spread by all

optimistic researchers. In fact, this is also an excellent anti-stress message that I have chosen to share with you. The key is unconditional and universal love, for all levels of life.

The destruction of the planet is a matter of life or death. Do you really believe those intelligent humans who value life will remain, standing idly, allowing the situation of survival get worse - or even reach a level that no one has ever imagined? No! However, everyone must participate in this awareness, this change in mentality. And, above all, everyone must take action!

Meanwhile, the last trip of the Atlantis space shuttle was built with the intentions to orbit around the earth. The first permanent orbital station was called the Freedom project. It is expected that the next station will be home for over a year for several human beings as they perform ecological studies, planetary and spatial science related research. Several countries are already participating.

www.packingformarsmovie.com

Networks marketing companies

Ordinary companies have only one goal - that comes at all costs: to seek profit at the earth's expense. Consequently, these companies have no moral or social or ecological views, as they benefit from \$100 million as well as tax havens, amounting to billions. In contrast, companies who first market their products through a network of collaborators have humanitarian and ecological concerns at the forefront. There is currently a large number of trading companies participating in business transactions through direct contact with other people as well as with the Internet. It is important that all people develop a penetrating collective conscience to save the planet. However, the development of a collective consciousness depends on both psychological changes and individual lifestyles, requiring change within mentality. That is why human beings on Earth, polluters and multinational industries that are exploiting the Third World must, as soon as possible, effectively change their behavior. Worldwide, approximately 37,000 multinational companies hold a third of the responsibility in depriving the planet. Hence, a financial turnover of anywhere between \$5.5 trillion to \$5 million billion - despite the fact that they must take into account about 500 national laws ranging throughout the different states. Fortunately, more and more companies - however small the percentage - have the following major concerns: health and the environment. In regards to home based business that operate via a network of collaborators utilizing the internet, the requirements are far less large. This is the reason why network marketing is the best means to do home business today. In fact, some even say that it will become the future of all people wanting to achieve financial independence. However, such home based business owners must still take into account the national policies, ecological data as well as an overall respect the environment. It is

more acceptable to increase revenues in peace, where the products sold are environmentally friendly.

Currently, there are hundreds of individuals that are marketing through a network of collaborator, selling environmentally friendly products. They establish a network of relationships through parents, family, friends, and work relationships or even through cold contacts and social media recruiting. Employment can be part time, according to their convenience or full time if they are really ready to commit and want their incomes to triple the salary of their employment - for those who have one. Ordinary people, professionals and people from all types of different backgrounds and nationalities are drawn to such networks due to the principle of leverage that this kind of legitimate trade provides. Regular and constant action, ranging easily between ten or twenty hours a week is often enough to have long-term and good income after about six to ten months. Gradually, the business continues to grow on its own, eventually creating a snowball effect. Within the network, other individuals are constantly determined to achieve while consumers are always looking for quality products, the cheapest services and the lowest prices. There is room for everyone in the world of online network marketing. Everything and anything depends on the dreams and aspirations of those who participate is the

Principle of Leverage

This principle can, if presented roughly, be summarized by saying that the more you recruit people who agree to sell your products to others who agree to purchase it or join in the same way, the more you make money and the more you get rich.

Suppose that as an individual, you buy up to \$100 per month of a given product which appears, according to this product alone, to be very little money. When taking into consideration the total amount spent on products by an employee with an average income per month, the amounts start to accumulate fast. Certainly you are not alone in this situation.

Therefore, if one day you decide to sell this said product to those who are interested in it as much as you and further recruit them as sellers of your product, these individuals can in turn, recruit other potential buyers. Within these conditions, you will have formed a network that will provide leverage for your business as much as for those who work with you. Here's a more specific example: If you recruit six people and they in turn, recruit six other individuals, who recruit six other people and so on and so forth, after a year it is possible to have accumulated a part-time income of nearly \$100,000 a year and you will oversee a network of nearly 1 000 employees who will each sell up to \$100 worth of product per month. This is the principle of leverage. It is a principle based on mutual assistance and cooperation that I would otherwise designate as an altruistic collaboration.

Profit Distribution

If I asked you: "With whom do you share the profits of your traditional trade?" you would probably answer without any hesitation: the owner of the business. However, in the case of cosmetics, the answer should actually be: the factory owner, the carrier, the owner of the warehouse and with the store itself. Indeed, the benefits are often shared with someone else, namely the owner of the sales office or an exclusive sales agent who handles market for a given product. All these gross profits are the first component towards the selling price of a specific face cream, a lipstick or a store-bought soap. The second component is the cost of distribution. This includes storage fees, employee salaries, rent and depreciation, unsold items and flight fees. At the top the list, we find the cost of advertising. These two components, once combined, are called overhead.

If the head of a certain trade eliminates the majority of the links in the distribution chain, it reduces costs to a bare minimum. This is what occurs within marketing networks. It is obviously impossible to eliminate all costs. One cannot transport or store in different regional distribution centers without a minimal administrative costs. However, eliminating the middlemen, the owners of such businesses will save about 60% to 70% of the product sales price. Distributors take on the responsibility of buying and demonstrating the products, advertising, selling and recruiting other distributors within the network that they have created or joined. Thus they participate in saving money, as established by the company.

A portion of the distributors profits are included in the price of the products they buy from the said company. The price of product is lower than 20% to 30% of the proposed sale price. When purchasing the product for personal use one component of the income is **savings**, or **profit from resale**.

The second component of the distributor's profit and perhaps the most important is **the premium revenue within** each network. This premium is calculated not only through its own turnover, but also on the **network created**. This network consists of other distributors, which operate under the same legal code of ethics and are considered partners.

Every distributor is considered an independent and autonomous trader. In network marketing, there are no supervisors or employees or managers to coach you. You are your own boss. Each member of the network receives the same benefits: a head office with its products, its marketing plan, its support system, education and security. The members all start at the same level, which requires a minimum investment, no experience and no special knowledge. So everyone has the same exact opportunity to win as much money as they wish. Revenues generated by the multi-marketing networks (MLM's) are limitless, as are the territorial possibilities and working hours. It is the distributors themselves who set their personal limits. Besides the two mentioned sources of income for distributors, there are other bonuses and rewards that each company establishes within their particular system. **

** (Janusz Szajna, "The network marketing", lifestyle editions Un Monde Différent, 1998 168P.

The Ideal Business

A business enterprise network is the ideal company because it can be enriched gradually, without much regard to certain major tasks that remain the responsibility of the head office. It's easy as pie, but simple has never been synonymous to easy. However, think of it - are easy things really valuable? No! Are they not?

First, there must be an initial agreement on defining the ideal trade. Here are eleven criteria that I would use to clearly define the trade. You can use this list to evaluate your profession or business in which you are currently working. You can also use it as a **base** reference for comparing two kinds of business.

1. The ideal company serves not only their neighborhood, their city, but the **entire world**. In other words, it has a huge market.
2. The product of the ideal company receives **steady demand**. The product meets a daily necessity and is therefore always sold - regardless of the price.
3. The ideal business requires a **workforce** that is **reduced** to the minimum.
4. The ideal business sells a product that meets a **continuing need**. It is therefore not a product sparking a fad for which alternatives exist or where we can even do without.
5. The ideal business has very **little overhead**: its needs in buildings, electricity, advertising and legal fees are very limited.

6. The ideal company manufactures a product that is **difficult to imitate** or reproduce. The product is original (as published); it requires a very particular expertise. Also, it is **protected** under copyright, patent or an unconditional guarantee.

7. The ideal business **does not paralyze your capital** in exaggerated capital goods.

8. The ideal company completes **transactions on the spot**: its funds are not stuck due to long credit periods.

9. The ideal business is nearly completely **free of any form of regulation**, government or other.

10. The ideal business can easily be **implemented everywhere**.

11. The ideal business is one in which an individual deploys all their **intellectual energy**, and often **emotional** energy as well. *Here are two situations that are often encountered. First, begin by explaining the ideal company as limited without a purpose in life and without dreams to achieve, because this can be repulsive to any new idea. Next, add in the possibility of someone interested in achieving certain goals in life such as credit card debt, car payments, mortgage payments and employment. Then, marvel at the surprising and positive results of certain company builders within your network. Remember, there is room for all.

* (André Blanchard "Your financial freedom", through the marketing networks, publishing Un Monde Différent, 1996, 135P.). www.andreblanchard.com

How to Get Rich Quick!

According to Mr. Szajna, there is a method where one can earn about \$ 75,000 a year, while only working only three to four hours per week. Several networks of distributors can earn over \$ 75,000 per month, or even per week. However, it's not through working three to four hours a week that they achieved this. A person who would promise you such an income, simply by enrolling to the trade and by throwing a glance towards the product from time to time is certainly not trustworthy. The network marketing is a real business and therefore, you have to work to make progress. Several years of serious effort in developing your network will give you the results described above. This is, of course, unthinkable in the beginning. A distributor who invests little time in their network will harvest just as little.

We are told that in the new century, 50% to 65% of goods and services will soon be distributed by companies for marketing networks. So why not join a business network, mine or that of another and abide faithfully? This is the best way to increase your income and create jobs in your region, even your country, because all those who are part of your network are self-employed. As such, they benefit from tax credits, just like any other business. You may even, at some point, consider the globalization of your ecological network marketing business.

Why get involved?

We must think and act ecologically. Think "green".

Since we can no longer rely solely on our governments to create employment, we need to find our own means. In this regard, there is a wealth of information to be found in libraries. You cannot just dream about your business, you need to build it. Do not leave your chances up for grabs, as if they were part of the lottery. When gambling, there is one single chance in 55 million of winning the jackpot. This is insane! Why does the government place slot machines in such deprived areas? Because it is the poor, deprived neighborhoods that are most interested in playing these risky games. This is also because they hope to improve their spells of luck, but they instead become pathological gamblers, easily biting the hook of the game. The elderly population is no exception to this craze towards slot machines. When it comes to escaping poverty, slot machines can appear to be an easy and effective way. Unfortunately, the entire idea is deceiving and individuals can quickly become compulsive and unhealthy players. The rational solution is network marketing! Marketing through a network is a modern financial and feasible solution to anyone facing monetary issues. Involvement will be your new found joy and you will experience great satisfaction - to which I am sure of, if you simply follow the basics. Individuals such as single parents, reconstructed or still growing families are very often attracted to this form of business, mainly in order to supply for their households, especially because this allows for the reception of an additional income, which is very reassuring. Others are interested in acquiring more free time with family enjoying more of life and liberty.

However, it is important to make sure that your future business will be environmentally friendly. The Earth is life and it responds to human insults through natural disasters such as hurricanes, tornadoes, floods, volcanic eruptions and earthquakes. The Earth returns to balance in this way, regulating the underground magma. You can view the recent event in Southeast Asia - a tsunami. We must send thanks to the elements of the earth. Through our daily actions, we must all participate, as positive action means global ecological balance. It is a fact that greed seems to be the most widespread sentiment on the planet. Succeed and become increasingly rich is the *modus operandi* of only a handful of individuals, usually from rich countries benefiting from a free enterprise system. A good majority of capitalists do not account for the impact they have on the environment. They royally do not care. They say: "Caution! We work hard to achieve our success" Yes, but their children will suffer the consequences stemming from environmental destruction. What will be the price paid by humanity? On a short term scale, there will be an increase in disease, viruses, and death for many people. Commercial overfishing will eventually wipe the waters clear of any fish - in fact, in less than sixty years there shouldn't be any fish left in the entire world!!! Irresponsible people within the fishing domain should be severely punished by governments. Indeed, it is the politicians that have the task of reprimanding such actions through legislation and higher financial compensation. Who knows? The prison will perhaps serve, as has sometimes been the case, to ensure harmony of all ecosystems! Polluting companies should be responsible and repair their damage. Obviously, few multinationals companies show any ecological interest whatsoever. However, those considering a start up business running on marketing networks, must constantly bear in mind that continuous use of the car pollutes the environment. Think green! Now everything can and should be done via the Internet. The involvement of everyone, perseverance in action and honesty are the three keys to success in any personal

business or team. To want is to can! To succeed, we must be entirely motivated. Instead of washing your hands of responsibility, find people to join - at home and at work means no pollution. Act ecologically. I can never say it enough: Ecology begins at home!

When we reflect on the continuity of life, one wonders if the human species was not created upon a dead-end, due to the destruction of the environment. Is it possible for humanity to be restored to the limit of what it once was? I do not believe this. There is still hope! But for how many more years; according to Hubert Reeves, an astrophysicist, "there is urgency to act because many misdeeds are already irreparable".

This book that you are reading does not contain misleading nonsense. This is an essential guide for you to read in a period of economic recession or in a moment of strong economic growth. The guide suggest ways of acting that could pique your intellectual curiosity and interest in the business, while respecting essential values for the survival of humanity. That is why we need to buy online in order to save the environment. For example, whether you obtain your products from domestic or industrial maintenance, on the shelves of a traditional store or via the Internet with a network marketing company, the surfactants, tension-active biodegradable products should be your preferred choice in reference to our ecology.

Ideally, in order to promote economy, governments should be stabilized and adopt policies favorable to the environment and fair for all. In this way, the local and foreign investors would have a sense of reassurance and might even hope to profit from their investments, while being obliged to respect the people's living environment. Any business creation involves employment and further

benefits the citizens concerned. This would ensure that a large majority of the working population would participate in improving the economy.

Today, according to statistics, the rich get richer and the poor get poorer. What are governments doing? They adopt policies that reduce the number of middle class citizens (incomes between \$50,000 and \$100,000 per year). As a result, the quality of life of the middle class is diminished and freedom, in turn, is thereby restricted. It is necessary that governments encourage the rich to gradually take their environmental responsibilities and be respectful towards other human beings, wherever they decide to invest. For some people, perhaps millions of people worldwide, network marketing is the solution! But beware! We must not delude ourselves. If you have money, you can make money - this is a well known fact. However, to succeed, we must act. In other words, you always have a chance to succeed, even with a low income. The status quo has no future. It's exuberating stagnation. Cooperation, affiliation and the unselfish collaboration are the forces that create prosperity. Moreover, this type of marketing is based on such a principle, hence so does the most part of its growing international popularity. Network marketing favors all classes of modern societies in more than 125 countries and 70 territories. Basically, you will succeed to the same extent that you help people succeed around you. Build a team of winners. Make money, while making money for those who are part of your network. Because the more and more people that apply this honest principle, the more we can expect an increase in the number of people belonging to the middle class.

After thirty years of legal wrangling, the governments who advocate for individual freedom legalized marketing networks (MLM). And with good reason! Of course, according to Richard Wright,

Professor of Finance and International Business from McGill University in Montreal, argues that the network marketing is taking up more and more space. According to him:

“Individuals and companies worldwide will see the usefulness of this type of marketing if they want to succeed not only in business but simply survive. This is the concept for future years”.

The comments above remind me of a reality that has not yet changed: the rich get richer at the expense of the poor. There is nothing new under the sun, except the extraordinary marketing networks. Indeed, in this kind of business, every entrepreneur is rewarded for their efforts. Beware! This type of trade is not pyramidal, because anyone can obtain higher incomes than people in front of him. This is what makes network marketing so legitimate and wonderful. The experience of the network author will be convinced of the truthful proverb: “Man reaps what he has sown”. This is true for health as much as for business. According to its first actions, any new trader will cause a decrease in pollution while increasing healthy environments or maintaining the balance of ecosystems. Similarly, it can borrow money and will gradually accumulate bankruptcy or commercial success. In life, you can become sick because of heredity. You can also become sick from adopting unhealthy lifestyles. It's the same in business. Natural dispositions have a straight path to success, but in contrast, with no such qualities the company may, through consequence, fail. However, when someone is gifted for business, it may also fail by taking bad administrative habits or decisions. Of course, good habits must be taken very early in life, if we want to live as healthy and drilled as Pierre-Karl Péladeau (Quebecor) or Donald Trump (USA). However, rest assured that no matter your age, it's never too late to start doing the right thing.

Ideally, when a country is prosperous, it is safe for anyone to start a business. However, when a country is experiencing political interference, especially with the military, it loses investor

confidence. Despite this, those who decide to start a business venture through networks are provided, in principle, support in overcoming the obstacles more easily. Indeed, the very principle of such trade is that any founder of this kind of business does not act alone. It is supported by all those who are part of its network and also have at heart the success of their business. Unity is strength.

Providing today is a vital need for mankind. Without this clarification, we would unlikely be capable of guarding against the uncertainties of the future. To govern is to foresee. But governments and major industries cannot presently do without the services of futurists, namely the consequences that predict the action of man on their environment. Governments need to plan today, for tomorrow. Larger companies, too, must program their investments for decades in advance. This is the case of every individual who wants to ensure success. They must think not only about their personal self and their ego, but also about their family. They must think about financial success. The thought processes must evolve in all areas in order to be ready for any change. One must be prepared to participate in ensuring the right moment to the inevitable competition in the business world. To achieve this, the affordable and equitable solution is marketing through networks.

Where is Health in All This?

Today it is unthinkable to carry out a business venture if we do not have good health. This is true for all trades, including food. California has a reputation that is second to none in regard to innovations. Let's just take the "granola" ethics and the popularity of vegetarian restaurants. It is in these such places that began the movement for safeguarding human potential, all disciples offering successful growth towards the awakening of greater responsibility for any individual, vis-à-vis themselves and their health. This is especially true as the "baby boomers" are coming forward. Faced with this reality, in Canada alone, an estimated ten times more operations for hip fractures are a not so distant future, increasing from 10,000 to 100,000 operations. But hospitals already are struggling to heal the sick first. What will happen when children from the cradle of the 60's start surfacing the emergency rooms of hospitals? Today, both the health and welfare industry amounts to more than \$200 billion a year - only for the "baby boomers", offering a gold mine of a \$TRILLION in about ten years certain experts argue. Meanwhile, here is a piece of advice from a friend: Rely on your inner radar; it is never wrong, because the future belongs to those who take care of their health, as much as to those who believe in themselves and who make things happen in their lives. Do you know that we are the architects of our welfare and our evolution in all areas?

Secrets for a Global Health

A healthy diet and regular moderate exercise helps ensure an appropriate physical comfort while staying alert and facing the hectic pace of modern life. At the current rate that things are moving, we could say that the pace of modern life has increased about 25%. Those who take care of their physical and mental health through healthy eating and regular exercise, have better control over time; hence awareness of their health and time availability to do things right.

In summary, this is simply:

1. Exercise regularly and learn to rest.
2. Eat healthy foods every day. Eat organic foods and natural supplements of vitamins and minerals on a daily basis. It is important that these supplements not be synthetic because they are stressing the cells and the body rejects them. Feel amazing! www.tinyurl.com/vitalus
3. Have a joyful and spiritual approach towards life.
4. Maintain a daily personal hygiene and take care of your person by receiving periodic body massages. Courses on line Quantum-Touch, The Power to Heal www.tinyurl.com/LearnQT-97
Consume household products that are non-hazardous and environmentally friendly for you and your children, and for the sake of Earth. www.tinyurl.com/toxicbrew2022
5. Undergo regular and annual medical examination. This visit is an assurance to maintain personal health.

"Let your food be your medicine and your medicine your food."

-Hippocrates (Father of medicine)

'In the heart of the children of eternity lives the seed planted that everyone has for himself long ago. It is a true gift that sleeps. Awakened, this seed rekindles the ancient promise of those who came before us; the promise that every soul will survive the 'darkest' times of life, to return home, intact and with grace. This promise is the seed of truth that we now have called compassion.'

--- Gregg Braden

Together, as we are, we will save the planet! Human evolution will be smooth. According to some authors, it has already begun. Whether in the years 2025 or 2050... There will always be an important event that relates back as to why we suggested that we act today, here and now. Through our daily actions, our conscience with regards to ecology and our spiritual or human progress, assured by love and compassion for all life, we will ensure ourselves and our future generations with freedom. We affirm and we live, while constantly allowing us to realize our basic right is to protect the Earth our real mother. Life, désoxoribo-nucleic acid (DNA), is only passing on this Earth. While it is true that in 500 million years the sun will break out - the mission of Man will

then be of artisans and witnesses to return to a balanced respect for the environment. If man fulfills its mission, humanity will survive. We will live new friendly contacts with other advanced or accessible civilizations. This will further depend on the collective consciousness, love and compassion present within people and given to others - virtues so little practiced in this era of time and great joy.

Exhortation

Player, it's time to put your abilities to the service of something. Your tasks are large and require you implement all your strength. If you give yourself the trouble to act, what you sow, you will reap profit.

When you will act, if the work that you must provide seems too big, always concentrate yourself on the positive results it will have for you and for others and this, in order to be completely aware of your learning process and to ensure your inner transformation.

"You can do what you dream you can do, so begin to do so. Audacity consists of genius, power and magic. "-Goethe

'Evolution' is to share your intelligence with the fruit of your knowledge, for the good of the global community". -Gilles Morand

'The greatest thing in this world is not so much where we stand, but in what direction we are going.'

-Oliver Wendell Holmes

Dry/Ice: Global Warming Revealed by Drunvalo Melchizedek

Date: 8/23/2004 3:12:39 PM (13 years ago)

What you are about to read is going to change your world forever, this I can promise you. I actually apologize that I have to be the one who brings this unsettling news, but you must know if you wish to survive, for what is coming will either be DRY and heat or ICE and freezing.

Global warming has been in the news for over 40 years, and by this time we have become complacent. Our scientists have come to the agreement that global warming will eventually cause major changes and problems in the world, but in their way of thinking it will be 50 to 100 years before we will actually have to deal with the effects.

The general idea is that global warming will be slow and the world will find time to discover the solutions to the problems.

New powerful evidence strongly suggests that this scenario is simply wrong, and we had better prepare for another more abrupt possibility.

Discovery Magazine

One of the first hints that something may be different than what we are being told (especially here in the US) was published in Discover magazine in September 2002 with the cover announcing Global Warming Surprise, A New Ice Age, Oceanographers have discovered a huge river of fresh water in the Atlantic formed by melting polar ice. They warn it could soon bury the Gulf Stream, plunging North America and Europe into frigid winters.

That was almost two years ago, and no one listened. Life goes on oblivious to the incredible danger approaching.

England & Sir David King

Then in January 2004 enter Sir David King. Sir King is the Prime Minister of England's chief scientist. Sir King went to Mr. Blair and told him of the impending worldwide disaster and that they needed to tell the world of what was about to happen.

Tony Blair told Sir David King to be quiet and not speak. But Sir King felt that this was simply too important for him to say nothing, so in January of this year he deliberately went around Mr. Blair and went straight to the American journal Science where he published his information and concern.

Sir King said in this article, In my view, climate change is the most severe problem we are facing today, more serious even than the threat of terrorism.

England placed a gag order on Sir David King, and now he is not even allowed to discuss this subject publicly without threat of detention.

America & The Pentagon

A month later in February 2004, the Pentagon became involved, which has stirred the world to action.

The Pentagon has been studying Global Warming for many years because of its possible national security problems associated with the kind of changes that could present themselves to the world through Global Warming.

A special study was conducted through one of the Pentagon's departments, the Office of Net Assessment, which is directed by Andrew W. Marshall, 83, who has the responsibility of identifying long-term threats to the United States.

Mr. Marshall went to a US based think-tank called Global Business Network to compile the possibilities of Global Warming on US national security. A study was completed in October of 2003 and released to the Pentagon, which was looking at this problem from the point of view of what is

the worst that could happen. It was named An Abrupt Climate Change Scenario and Its Implications for United States National Security. The summary went far beyond what most Pentagon experts had expected.

Realizing the incredible possibilities of this study, Mr. Marshall made a decision to publicly report this and other information to the American people. And probably because of President Bush's stance on Global Warming, which is beyond negative, he also decided to go around the president, and he published his information and concern in Fortune magazine on February 9th 2004.

In his article in Fortune, Mr. Marshall explains how the melting North and South poles and glaciers from around the world are composed of fresh water and within this fact is the basis of the impending global weather disaster.

The Gulf Stream or scientifically referred to as North Atlantic thermohaline conveyor is a stream of warm water that comes from south of the equator and flows over the surface of the ocean toward the north where this warm water keeps Northern America and Northern and Western Europe from freezing. It also holds most of the world's weather patterns in the way we are used to.

Then as this Gulf Stream cools down, it drops to the bottom of the ocean and returns as a river in the ocean to the south where it warms up again and rises to the surface and then returns to the north one more time in a continuous convection current. It is a huge three dimensional figure eight.

The motor that keeps this warm water flowing is found in the north where the Gulf Stream drops to the bottom of the ocean. It is the salt density of the ocean that causes this river to drop and pulls the warm water up from the south.

Now that the poles are melting and fresh water is flowing into the Atlantic Ocean and the salt density is decreasing, the Gulf Stream does not drop quite as far, which results in a slowing down of this Stream. The Gulf Stream has been dramatically slowing down now for at least ten years.

As the Gulf Stream slows down, the warmth is not brought to the North Atlantic region, and the weather patterns begin to change for they are dependent on this warmth to keep a balance.

The Melting Poles

The Bush Administration

During the Bush administration when discussions have been held on the melting of the North & South Poles, this government and U.S. corporate entities alike have stated that the world's scientists are all wrong on their conclusions that say there is great danger, and have led the American public to believe there is no real problem at all.

However, George W. Bush was the focus of attack by Sir David King when he wrote his article in *Science*, for the world's greatest scientific minds, at least one thousand seven hundred of them with the Union of Concerned Scientists say that Mr. Bush is ill-informed at the least.

Since the US government is 25% of the CO₂ pollution in the world that is creating Global Warming, a discussion of Mr. Bush's Global Warming policies is paramount. Perhaps one of the best articles that summaries Mr. Bush's position will be found in the *ROLLING STONES* magazine article of May 19, 2004 by Tim Dickinson. What follows in italics is a portion of this article.

Given the imminent threat from global warming, even the Bush administration might be expected to launch a War on Heat. After all, as a candidate in 2000, George W. Bush vowed to "establish mandatory reduction targets" for carbon-dioxide emissions, saying he would make the issue a top priority.

Once Bush became president, however, reducing carbon emissions was the first promise he broke -- and his record has been all downhill from there. Only two months after taking office, the administration withdrew from the Kyoto Protocol, the global treaty that the United States signed in 1997 to set strict limits on greenhouse emissions. Instead, Bush instituted a voluntary emissions plan that has been an abject failure: So far, only fourteen companies have pledged to curb their CO₂ output.

The president also folded the interagency group that monitors climate change into the Commerce Department -- led by Secretary Don Evans, a former oil and gas executive. And he called for additional climate research that would delay any meaningful regulation for at least another decade. "We do not know how much our climate could or will change in the future," Bush declared in a speech in the Rose Garden. Such statements spurred an open letter signed by twenty Nobel laureates, who blasted the administration for having "consistently sought to undermine" public understanding of man's role in global warming. (Bush's science adviser refused to be interviewed for this article.)

Then the censorship began. In September 2002, the Environmental Protection Agency released an air-quality report that - for the first time since 1996 - included no mention of global warming. Seven months later, the White House made wholesale revisions to the climate-change chapter of the EPA's "Report on the Environment," playing down human influence, deleting references to the health impacts of global warming and inserting climate data funded in part by the American Petroleum Institute. The EPA withdrew the altered chapter, acknowledging in an internal memo that it "no longer accurately represents scientific consensus on climate change."

Even some Republicans have been astounded at Bush's meddling in EPA affairs. "What seems constantly evident with George W. Bush is that EPA is expected to take its marching orders from the White House on regulatory matters," says Russell Train, who headed the agency under Richard Nixon and Gerald Ford. "During my time, I never had that happen. Never." Train, a recipient of a Presidential Medal of Freedom from the elder Bush, calls the administration's approach to global warming "totally wrong" and "irresponsible."

Bush can rely on key Republicans in Congress to block any efforts to curb pollution and stave off disaster. Sen. James Inhofe, chairman of the Environment and Public Works Committee, dismisses global warming as a "hoax." In a speech last July, Inhofe compared the IPCC to the Soviets and extolled the virtues of what he called a "CO₂-enhanced" world. "It is my fervent hope," he concluded, "that Congress will reject the prophets of doom who peddle propaganda masquerading as science in the name of saving the planet from catastrophic disaster."

From another point of view in the same article we hear: They (the Bush Administration) do not have a credible plan, either domestically or internationally, for addressing the problem (Global Warming), says Michael Oppenheimer, a climatologist at Princeton University. They (the Bush Administration) argue that they don't want to address global warming, he says, because the science is shaky. And that approach is indefensible, because the science isn't shaky.

The North Pole Melting

Let's look at the facts. Two summers ago the North Pole completely melted for the first time in history that we know of. Both private and military ships floated directly over the actual North Pole as it was completely water. This area has never been seen to be less than ten feet of solid ice.

Greenpeace a few years ago announced that the North Pole's winter to summer snow pack had receded by around three hundred miles, but no one listened.

And today, as I am writing this article, we are witnessing the Alaska fire that has consumed over one million acres of forest. This fire is burning in an area that is always wet with rain or snow until now. And this fire, as you will understand in this article is directly related to the melting of the poles and the Gulf Stream.

But finally the Pentagon, thanks to Andrew Marshall, has told the truth in the Fortune magazine on February 9th. The Pentagon shows a satellite photo of the North Pole in 1970 and then in 2003, which reveals that, according to the Pentagon, 40% of the North Pole has melted in just 33 years. And it is melting faster and faster now. The Pentagon has now proven that all these government statements that the poles are not melting were simply a lie. And it is a lie more damaging than anything that Bush's Iraq war could possibly throw at the United States.

The South Pole Melting

In the South Pole a couple of years ago Larsen A ledge broke off, which surprised many scientists. At that time we were told by the scientific personnel that were studying this event that it was no big deal since this ice ledge had only been connected to the South Pole for about the last ten thousand years.

And these same scientists also added that Larsen B ledge that was behind Larsen A ledge would never melt as it has been there for many ice ages. Yet last year, Larsen's B ledge broke off and went to sea. These same scientists said that it would take six months to melt because of its immense size,

but again they were wrong. It melted in a mere 35 days, and more significant, it rose the entire world's oceans by almost an inch.

Now with Larsen's B ledge gone, an incredibly enormous ice shelf called Ross's Shelf is exposed and the only thing holding Ross's Shelf from sliding into the ocean was Larsen's B ledge. According to my sources, Ross's Shelf is now cracking.

If Ross's Shelf were to slide into the ocean, it has been estimated that it would raise the entire world's oceans by sixteen to twenty feet. And that, my friends, would change the world, as almost every coastal city in the world and many islands along with the county of Holland would be underwater. Perhaps it will take an event like this to wake up the world to become serious about Global Warming.

The Ancient Past

1300 AD

The Pentagon in their study of what is now happening in the North Atlantic ocean, has looked into the past to see when this slowing down or stoppage of the Gulf Stream has happened before and what actually took place at those time in the world's weather patterns.

In actual fact, this North Atlantic ocean slowing or stoppage has happen hundreds of times before in the past going back hundred of millions years, but in our recent past of the last 10,000 years, it has only happened twice.

The most recent time was in the year 1300 AD, and at that time it simply slowed down. It never actually stopped. And why it slowed down, scientists are at the moment theorizing. They dont really know why.

It resulted in abrupt global climatic weather changes that never returned to normal for 550 years. This period of time in our history has been named the Little Ice Age because of the havoc it caused to our weather and the dramatic cooling that resulted.

What the Pentagon has realized is that at that time of the Little Ice Age, the East Coast of America became extremely cold, while the middle and Western areas of the United States became so dry that the Midwest became a dust bowl and the mountain forests burned to the ground, just as they are doing right now today, for you see, this slowing down of the Gulf Stream has been going on today for about ten years. It also affected Europe dramatically as their weather changed completely during the Little Ice Age.

A study of the Anasazi Indians of the 14th century is enlightening. In Chaco Canyon in New Mexico the Anasazi completely disappeared, and where they went no one is sure. But one of the reasons that has emerged from the study of the New Mexico environment for their leaving the area is that soon after the turn of the 14th century, Chaco Canyon went into a drought where they didn't receive a drop of rain for 47 years! 47 years of drought will definitely cause anyone to move. No water, no life.

The archeologists who presented this study didn't know why the drought happened, but it is clear why it happened with the information of the Gulf Stream slowing down just before this period. And this is exactly what the Pentagon believes is about to happen here in America, Canada and Europe as we speak.

We may think that this current drought in the US West is going to stop soon, but the earth's history with the Gulf Stream suggests strongly that it will continue for about another 40 years before it begin to regain balance.

8200 Years Ago

However, the Pentagon report believes that the Gulf Stream, from everything they know, is not just going to slow down, but rather it is going to stop. And the last time this happened was 8200 years ago.

And according to the Pentagon, from their research, this is a much more dramatic scenario. When the Gulf Stream stopped 8200 years ago, it soon left Northern Europe under a half mile of ice, and New York and England quickly endured weather similar to Siberia.

Further it resulted in a true Ice Age that lasted about 100 years, and so you can see why the Pentagon is so worried. According to Andrew Marshall, like Sir David King, he says that this Gulf

Stream problem is a greater threat to US national security (and other countries) than all of the world's combined terrorism. Really, when you think about it, terrorism is nothing compared to the stopping of the Gulf Stream. It's not even close.

Realize that without stable weather conditions, the growing of food becomes almost impossible, and according to the Pentagon, this could become such a huge problem for the world in the near future, that wars will begin to form all over the world, not for oil or energy, but for food and water.

And with whole countries having to evacuate, if this were to happen, such as Finland, Sweden and Denmark, which will be under ice, and many other countries for other reasons, this enormous immigration is what will cause the most threat to national security, again according to the Pentagon report.

This is why Andrew Marshall and Sir David King wanted the world to know about what was coming so that the world could begin to prepare for the inevitable.

The U.S. Senate

Then in March 2004 the US Senate became aware of what the Pentagon was saying and they appropriated 60 million dollars to the study of ABRUPT GLOBAL CLIMATE CHANGES. This offers hope that soon the US Senate will begin to tell the world of these coming climate changes.

The United Nation

In June 2004, ending on June 29th, a meeting was held at the United Nations to consider what to do about Global Warming and the Gulf Stream. 154 countries participated with the result that the only thing they could figure out what to do was to eliminate the use of oil and gasoline as soon as possible.

There are those who believe that if we continue to lower the CO₂ levels, that possibly we can slow down the problems, and, of course, we must do everything we can. This is important for there are ocean currents other than the North Atlantic that are in every ocean, and if they all were to stop or slow down, Earth would almost certainly enter a true ice age. And history has shown that if that were to happen, our civilization would not return to a warm period again for 90,000 years.

But really, to change or increase the current of the entire Atlantic ocean to bring it back to normal is beyond the possibilities of the human race and all of its technologies. It is too late, by the estimate of most of the world's scientists, to alter the course of what is about to happen. All we can do now is prepare for the shock. And preparation is essential, which is the main message of both Sir David King and Andrew Marshall.

Nasa Prepares

On July 13th, 2004, NASA launched a satellite, the first of three, that's whole purpose is to study Global Warming. Besides the study of the ozone, another huge problem associated with Global Warming, these satellites will monitor the temperature and salt density of the oceans. Perhaps we will at least be able to monitor the rapid changes and predict what will happen next.

Some Unusual Weather Changes That Have Happened Since The Gulf Stream Slowed Down

In March 2004 the world saw a major hurricane hit the coast of Brazil. This is the first time in all recorded history that a hurricane has struck land in South America.

In May 2004, the United States witnessed 562 tornadoes in a single month, breaking all records. A few of these tornadoes were recorded in Seattle, Washington. Never has a tornado been seen in Seattle.

Eastern Canada in the winter of 2003/2004 just had one of the coldest winters on record.

For several years forest fires have been burning around the world. The list would be extensive. The north part of Australia is on fire. Alaska, as we have already mentioned, is burning. Unprecedented!

The entire Western United States is under fire, jumping from region to region, with the US government announcing that this is the worst drought in 500 years. Really, the fires are worldwide.

France and Europe had a heat wave in 2003 that caused 15,000 people to die in France and 30,000 throughout Europe simply from the intense heat caused by Global Warming and the Gulf Stream.

Argentina this month July 2004, had the greatest storm they have ever seen in their history.

Mexico's weather is so strange and wet in some regions that mold/fungus is forming on their crops. (And in other regions they are having a drought) As weather patterns begin to change more and more radically, food growth will become one of our biggest problems.

The coral reefs of the world are dying because of Global Warming, and this is threatening most of the islands in the oceans, including those in the Pacific. Anyone living on most islands will probably have to leave sooner or later because of their fresh water being corrupted with salt ocean water. Definitely they will have to leave if the oceans rise much higher.

Further, it was reported on NPR this morning, July 16, 2004, that fifty percent of the CO₂ that has been released in the atmosphere from our technological society has ended up in our oceans and this in turn is dropping the PH to the acidic. This in turn is actually dissolving the coral reefs and killing them along with vast numbers of other life forms in the oceans.

These are problems simply off the top of my head. If one were to get serious and really research all the strange weather problems of the last ten years (the years the Gulf Stream slowed down) one would begin to be truly aware of the coming abrupt global climate weather changes that we must all adapt to if humanity is to continue on Earth.

The 40 Foot Wall

In the Pentagon report it suggests that the United States build a 40-foot wall around the entire country to keep out people who are immigrating and trying to escape world weather problems. The Pentagon believes that food and water will be the biggest problem, and since the US has the money to buy food, they believe we will be best able to resist this particular problem longer than most countries. People will want to come here just to get food.

This sounds like something out of a weird movie, but in fact the US government has already begun the construction of this wall between the US and Mexico.

SIDE NOTE: Speaking of movies, *The Day After Tomorrow*, which was recently released is based on this information of the Gulf Stream stopping. However, Hollywood exaggerated the results of the storms so much that most people simply thought it was fantasy. It is not fantasy, it is really happening, but will it happen as this movie predicts? And in this movie you saw massive amount of Americans fleeing to Mexico to escape the extreme cold weather.

I just spoke with a US military person about two weeks ago who is involved in the construction of this 40-foot wall. In the discussion, with him about the Gulf Stream, which he was unaware of, he said, Oh, now I understand. You see, the wall is straight up and down on the Mexican side, but it has steps and ladders on the US side to get over the wall and into Mexico. I never could understand why the government was doing this.

The Changing Of The Shape Of The Gulf Stream

In the Pentagon report they said that they believed that the stoppage of the Gulf Stream would probably happen in three to five years from October 2003. This was their best guess, and admittedly it was only a guess and a theory.

But what they didn't know, because it was beginning at the actual time of their release of their report, was that the Gulf Stream was beginning to change shape. The change of shape of the Gulf Stream is the beginning of the breakdown and stoppage of this warm water current and the end of our civilization as we know it.

I have this information from two sources, both of which do not wish to be named right now, but both of them are world famous scientists.

If this is true, then all the effects and timing of the Pentagon report have to be shifted closer to the present by three to five years.

I don't know if this is true, but in the vein of holding nothing back, this info is placed in this article. The actual proof will follow if it will be given to me.

From my heart to yours

As I became aware of this information, I didn't know what to do or if I should write this article. But because I believe in and love humanity, I finally realized, like Sir David King and Andrew Marshall, that I must speak out, for knowledge is power.

And when the time comes for us all to make life decisions, my prayer is that we all go inside where God resides and listen to our inner Heart. If we trust in ourselves and the presence of Divine Guidance, we will all know exactly what to do and where to be.

May God bless us all in what is about to come.

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Is Your Home A Healthy Home? - Toxin Checklist

<https://www.youtube.com/watch?v=tDQc6nwzFzA>

Each year, over 1 million children are accidentally poisoned in their homes. 250,000 of these victims are hospitalized. 3,000 children will end up in intensive care. Dozens more will die. Thousands of children and adults are permanently disfigured or injured through contact with chemicals in the home, each year.

Incredibly, the most common substance to poison children are a household cleaner. Many of these products are considered safe!

Think of your own home- you probably have dozens of bottles of cleaners, containing hundreds of chemicals. Could an accident happen in your home?

Print this page and check off the products you use in your home and evaluate your risks. All information comes from actual manufacturer's Material Safety Data Sheets and National Poison Control Centers.

___ Liquid Bleach - DANGER! Causes severe eye injuries. Can damage mouth, throat, and stomach. Vapors irritate the nose, throat and lungs.

___ Toilet Bowl Cleaner - DANGER! Contains hydrochloric acid which is highly corrosive. Burns the skin, mouth and throat. Causes blindness.

___ Furniture Polish - DANGER! Contact with the skin can dissolve vital skin oils and cause severe dermatitis (skin burns). Can permanently injure eyes.

___Stainless Steel Cleaner - DANGER! Can burn the eyes and skin. Vapors can cause headaches, dizziness and stupor.

___Aerosol Dusting Spray - DANGER! Flammable. Irritates the eyes, lungs. 5,000 people visit emergency rooms each year with an aerosol can-related injury.

___Oven Cleaner - DANGER! Contains lye which is highly corrosive. Burns the skin, mouth, throat and stomach. Causes permanent blindness.

___Brass, Copper, Silver Polish - WARNING! Can cause moderate eye and skin damage, and burns. Fumes can cause headaches, dizziness and stupor.

___Carpet Shampoo -WARNING! Can cause moderate to severe burns to eyes and skin. Vapors can irritate the nose, throat and lungs.

___Carpet Stain Remover - WARNING! Can cause moderate to severe damage to eyes and skin. Vapors can cause respiratory distress.

___Upholstery Stain Remover - WARNING! Can cause moderate to severe damage to skin and eyes. Ingesting can lead to abdominal tenderness and bleeding.

___Disinfectant Cleaner - WARNING! Contains flammable propellants, can burn skin and cause permanent corneal damage. Fumes can strongly irritate the nose, throat and lungs.

___Powdered Bleach - WARNING! Breathing the dust can produce asthma-like symptoms, damages to eyes and skin. Mixing with ammonia can produce deadly fumes.

___Aerosol Air Freshener - WARNING! Contains highly flammable propellants, can cause moderate irritation to the eye, can cause mild to moderate lung irritation, including asthma-like symptoms.

___Window Cleaner -WARNING! Can cause moderate irritation and damage to the eyes, Fumes can be moderately to highly irritating to the lungs, can irritate the skin.

___All-Purpose Cleaner - WARNING! Strong lung irritant, can cause mild to moderate damage to the eyes. Fumes can cause weakness and dizziness.

___Basin, Tub & Tile Cleaner - WARNING! Some are flammable, contains acids that can burn the skin and cause corneal damage. Vapors can cause strong respiratory irritation.

___Tile/Hard Water Spot Remover - WARNING! Contains corrosive acids that can cause moderate burns and irritation to skin and eyes. Vapors can be highly irritating to nose, throat and lungs.

___Floor Cleaner - WARNING! Contains corrosive acids that can cause moderate burns and irritation to skin and eyes. Can burn mouth and throat. Can cause blindness.

___Scouring Powder with Bleach - WARNING! Can cause moderate irritation to skin. Can burn mouth and throat. Can cause permanent eye damage. Gives off irritating fumes when wet.

___Drain Cleaner - WARNING! Burns mouth, tongue, throat, and stomach, causing permanent damage. Can cause severe eye damage and blindness.

___Automatic Dishwashing Liquid - WARNING! Strong skin irritant, Can burn throat. Many products contain bleach which can cause swelling and tearing of eye tissue. Vapors can cause headaches.

___Automatic Dishwashing Powder - WARNING! Strong eye and skin irritant contains corrosive bleach that can burn mouth and throat. Most common reported poison among children.

___Dishwashing Liquid - CAUTION! Possible skin irritant can cause swelling and tearing of eye tissue. Vapors can cause labored coughing, labored breathing, and in severe cases, death.

___Liquid Laundry Detergent -WARNING! Strong eye irritant can cause corneal damage, can irritate the skin. Vapors can cause coughing, labored breathing, and in severe cases, death.

___Powdered Laundry Detergent - WARNING! Can burn the skin and eyes, can cause corneal damage. Dust can cause headaches, dizziness, labored breathing and in severe cases, death.

___Liquid Fabric Softeners - CAUTION! Mild eye irritant, skin irritant, vapors can cause headaches, dizziness, nausea, labored breathing, and in severe cases, death, can aggravate asthma symptoms.

___Fabric Softener Sheets - CAUTION! Possible skin irritant can irritate eyes. Vapors can cause headaches, dizziness, nausea, and in severe cases, death.

___Powdered Carpet Deodorizer - CAUTION! Contact with skin can produce mild irritation. Contact with eyes can cause abrasive eye damage. Dust can irritate the lungs and aggravate asthma symptoms.

___Aerosol Deodorant - DANGER! Contains highly flammable propellants vapors can irritate the lungs and eyes.

___Aerosol Hair Spray - DANGER! Contains highly flammable propellants can cause eye damage due to direct contact. Skin irritant, vapors can cause headache, dizziness, and fatigue.

___Mouthwash - CAUTION! Eye, nose and throat irritant, ingestion can lead to dizziness and stupor. Most products contain 20% ethyl alcohol. Each year a number of young children die from ingestion.

___Cologne/Perfume - Most scents contain enough alcohol to harm a kill a child after ingesting only a few swallows. Many ingredients can irritate the skin and burn the eyes.

___Cosmetics - Cosmetics are second only to cleaning products as a poisoner of children. They are not regulated like cleaners and have no warning labels.

The labels on products only have to warn of the acute (immediate) harms from ingesting a product, breathing the fumes, or contact with the eyes and skin. They don't reveal the harms presented by

chronic (long-term) exposure to the chemicals in these products. Now see the long-term risks presented by the chemical-laden products in your home. As you have seen, many household cleaners are very dangerous. They are just as dangerous when they are used properly and even when they are not being used at all. Most products "outgas" chemical vapors that may produce profound chronic harms.

One study found women who worked at home had a 54% higher cancer rate than those who worked outside the home. Infertility is on the rise.

Cancer in children has risen 20% over the past two decades. It is the number one killer of children by disease.

The asthma rate has tripled in children over the past twenty years. Asthma deaths in children have increased 118% since 1980.

ADD and learning disorders have skyrocketed over the last twenty years.

All these conditions have been linked to chemicals in the home. In fact, one study has linked 50% of all health problems to deteriorated indoor air quality.

Take a look at the products you use and possible dangers you are being exposed to. Consider how many different chemicals are in your home's air, and the potential danger of the "toxic cocktail".

Cancer in smokers is the result of daily exposure to the trace amounts of carcinogens in cigarettes. In the same way, people who are exposed daily to low levels of carcinogens in their cleaning products face the same risks.

Chemicals in household products also put the user at risk for nervous system damage, kidney damage, liver damage and asthma. Children are especially vulnerable to the chemical fumes released by these products.

Fortunately, switching brands is easy. There are companies that manufacture safer products for your home. They are free from ammonia, phenol, chlorine, petroleum distillates, synthetic solvents

and other dangerous ingredients. Talk to the person who shared this information with you. They'll be able to help you the most.

Is Your Home A Healthy Home?

Are there dangerous toxins in your home?

In a report to Congress, the EPA stated that "indoor air pollution is one of the most important environmental health problems." Where do these pollutants come from? They come from your grocers' shelves. Are there dangerous toxins in your home?

They wouldn't sell it if it weren't safe, would they?

When we pick a product at the local grocery store, most of us like to think that we are getting something that has been tested and proven to be safe. After all, we have laws to protect our health and safety, don't we?

What do we do with these products?

We disinfect our baby's room with them.

We smear them on our skin.

We wash our clothes and linens in them, so we wear them all day and sleep on them all night.

We wash our dishes in them.

We brush our teeth with them.

They are a part of our lives. We don't question whether they are safe. We grew up buying them from the grocery store. We trust that they are safe.

Consumers are using products every day that contain such hazardous chemicals as

Formaldehyde

Phenol

Phosphates

Chlorine

Lye

Petroleum distillates, such as Naphtha and Benzene.

Unfortunately, consumers know very little about labeling laws, fine print warnings and the adverse long-term effects of certain chemicals. It's also next to impossible to relate a certain symptom such as dizziness, headaches, fatigue, allergies, or asthma to a particular unknown chemical used in every-day household products.

Seventy thousand (70,000) new chemicals have been introduced since WWII. Today, thousands of these chemicals are appearing innocuously on the shelves of your grocery store. Merely because they are for sale on the grocery store shelves, you assume these products are safe for you and your family, but they are not.

Of course, we can see the warning, danger, or poison labels, and many people already know that common chemicals like chlorine, ammonia, and lye are dangerous. But obviously, no one plans to drink them; so they should be all right. Right? Wrong - the body can be poisoned in many other ways too. If a harmful chemical you breathe gives off fumes, they are absorbed into your body. This is compounded if it is sprayed from an aerosol container, the propellants of which are often toxic themselves (such as vinyl Chloride), not to mention being highly inflammable.

If you get a chemical on your skin, you also absorb it, even touching a surface that has had the chemical on it days or weeks before. Stop-smoking patches, seasick patches and even heart medicine patches are all examples of a whole new industry in delivering drugs by means of absorption through the skin.

So, a toxic chemical can be absorbed by ingestion, smell and touch. Slow, gradual contamination can be just as harmful to one's health as sudden poisoning.

Are we "seeing" the Warnings?

Are we seeing the warnings so often that we're not seeing the warnings?

Danger

Warning

Flammable

Combustible

Contains Petroleum Distillates

Contains Acid

Contains Lye

Causes Burns to Skin

Harmful or Fatal if Swallowed

Do Not Inhale Fumes

Use Only in Well-Ventilated Area

Do Not Allow Contact With Eyes and Skin

Do Not Induce Vomiting

Prolonged contact with skin or inhaling fumes may cause dizziness, headache, nausea

Here are some disturbing facts....

The American Lung Association advises that, the range of household products that contain potentially harmful substances that contribute to indoor air pollution is wide-reaching and diverse. Some of these products release contaminants into the air right away, others do so gradually, over a period of time (outgassing).

The harmful components in many household and personal care products can cause:

dizziness

nausea

allergic reactions

eye, skin, and respiratory tract irritation

some can cause cancer.

("Indoor Air Pollution Fact Sheet," American Lung Assn - 1990)

"Household cleaning products are among some of the most toxic substances we encounter daily. In one study over a 15-year period, women who stayed home all day had a 54% higher death rate from cancer than women who had jobs away from the home. The study concluded that the increased death rate in the women was due to daily exposure to the hazardous chemicals found in household products including ammonia, benzene, chlorine, formaldehyde, methylene chloride, naphthalene, toluene, trichloroethylene, and xylend." (Nancy Sokol Green, "Poisoning Our Children," The Noble Press - 1991)

The National Institute of Occupational Safety and Health (NIOSH) analyzed 2,983 chemicals used in personal care products. The results are as follows (Judith Berns, "The Cosmetic Cover-Up," Human Ecologist 43

Fall, 1989)

884 of the chemicals were toxic

314 caused biological mutation

218 caused reproductive complications

778 caused acute toxicity

148 caused tumors

375 caused skin and eye irritations

Toxin Checklist for your home

Each year over 1 million children are accidentally poisoned in their homes. 250,000 of these victims are hospitalized.

Thousands of children and adults are permanently disfigured or injured through contact with chemicals in the home each year. Incredibly, the most common substance to poison children is a household cleaner. Many of these products are considered safe! Think of your own home - you probably have dozens of bottles of cleaners, containing hundreds of chemicals.

Could an accident happen in your home? Check off the products you use in your home and evaluate your risks.

(All information comes from actual manufacturer's Material Safety Data Sheets and National Poison Control Centers)

Cleaning Products

Air Freshener - may cause moderate irritation to eyes and lungs.

Disinfectant - can burn skin; irritate nose, throat and lung.

Toilet Bowl Cleaner - Burns the skin, mouth, and throat; can cause blindness.

Oven cleaner - Burns the skin, mouth, throat, and stomach; can cause blindness.

Window Cleaner - moderately to highly irritating to lungs; can irritate skin.

All Purpose Cleaner - mild to moderate damage to eyes; can cause weakness and dizziness.

Basin Tub and Tile Cleaner - Contains acids that can burn the skin and cause corneal damage. Vapors cause strong respiratory irritation.

Automatic Dishwashing Liquid - strong skin irritant; can burn throat; many products contain bleach which can cause swelling and tearing of eye tissue.

Liquid Laundry Detergent - strong eye irritant; can cause corneal damage; can irritate the skin; vapors can cause coughing, labored breathing.

Personal Care Products

Aerosol Deodorant - vapors can irritate the lungs and eyes.

Aerosol Hair Spray - can cause eye damage due to direct contact; skin irritant; vapors can cause headache, dizziness and fatigue.

Mouthwash - Eye, nose and throat irritant; ingestion can lead to dizziness and stupor. Most products contain 20% ethyl alcohol.

Cologne/Perfume - can irritate skin and burn eyes.

Cosmetics - second only to cleaning products as poisoner of children. They are not regulated like cleaners and many have no warning labels.

What can you do to protect your home?

The first step is to educate ourselves. What are you using in your home? Eliminate toxins from your daily life. While cleaning and personal care products are not the only source of toxic chemicals in your home, they are among the most toxic and harmful. Fortunately, they are also the easiest to replace.

This report is not only meant to inform, but it is also a call to action. Knowing now that the chemicals in your home can seriously harm you and your family, wouldn't it be better to get them out of your home?

So what can you do?

Switch to non-toxic products! <https://www.youtube.com/watch?v=vgdnsEZgAvs>

There are safer products available. By switching to safer, more natural products, you can rid yourself of these toxins and make your home a healthy home! NOW is the time to make the break. Make your home a healthier and safer place.

If you want more information on safer, healthier alternatives to the products you use every day that would also save you money over the brands you're now buying, then please contact me today! Now is a good time!

What is a Carcinogen?

A Carcinogen is a substance or agent producing or inciting cancer. Today, cancer is the leading cause of death for women aged 35-74. In 1901 cancer was considered a rare disease. Statistics show that 1 out of 8000 persons had cancer.

TODAY, according to the American Cancer Society, 1 out of 3 people have cancer. By the year 2010, 1 out of 2 persons will be touched by cancer. The fear of cancer is on everyone's mind these days. We hear about it all the time. So many forms of cancer and, they all had to start somewhere.

We have no choice but to breath the air, and eat the food, and drink the water, but, we DO have a CHOICE of what we put on our skin and what products we have in our homes. Be sure that the products you are using are free of the following potentially cancer causing and toxic ingredients.

REST ASSURED THAT OUR COMPANY'S PRODUCTS DO NOT CONTAIN ANY HARSH CHEMICALS OR TOXINS.

There are many products in your home that too many people are currently using that may be extremely hazardous and unhealthy. Most people are unaware that there is a problem.

Below is a list of chemicals that are commonly found in typical grocery store brands products along with their associated health hazards.

FORMALDEHYDE

Formaldehyde is an chemical used widely by industry to manufacture building materials and numerous household products. Formaldehyde, a colorless, pungent-smelling gas, can cause watery eyes, burning sensations in the eyes and throat, nausea, and difficulty in breathing in some humans exposed at elevated levels (above 0.1 parts per million). High concentrations may trigger attacks in people with asthma. There is evidence that some people can develop sensitivity to formaldehyde. It has also been shown to cause cancer in animals and may cause cancer in humans. This substance can be found in Johnson's & Johnson's baby shampoo.

AMMONIA

Ammonia, a colorless gas or liquid with a sharp irritating odor, can be found in household cleaners, wax removers, glass and window cleaners, and oven cleaners. Fumes irritate eyes and lungs; can cause burns or rashes on skin; can produce deadly chloramines gas if mixed with chlorine containing products.

DETERGENTS

The word "detergent" refers to household cleaning products which are based on non-soap, synthetic surfactants and which are primarily used for laundering and dishwashing. Detergents are responsible for many household poisonings. Part of the problem is that detergent boxes are brightly colored and attractive and commonly stored in low, accessible places. Toxic and poisonous to ingest, causing nausea and in extreme cases - coma.

CRESOL

Cresol, a highly caustic, colorless solid or liquid with a sweet tarry odor, is used mainly as a disinfectant. Cresol is very corrosive to all tissues. When it comes in contact with the skin it may not produce any burning sensation immediately. Prickling and intense burning will occur followed by loss of feeling. If cresol contacts the eyes it may cause extensive damage. Cresol vapors and liquids are absorbed through inhalation and eye and skin contact. Repeated or prolonged exposure to low concentrations of cresol can produce chronic systemic poisoning. Symptoms of poisoning include vomiting, difficulty in swallowing, diarrhea, loss of appetite, headache, fainting, dizziness, mental disturbance and skin rash. Cresol attacks the central nervous system, respiratory system, liver, kidneys, skin and eyes.

LYE

Lye, also known as caustic soda, sodium hydroxide, potassium hydroxide, and caustic potash, is commonly used in drain cleaner, oven cleaner, and in some non-phosphate detergents. Lye is extremely caustic. Its chemical action eats away materials (including skin tissue). Contact with skin or mucous membranes causes burns and frequently deep ulcerations with scarring. Mists, vapors, and dust can cause small burns. Eye contact causes severe damage, including blindness.

PHENOL

Phenol, also known as carbolic acid, is flammable, corrosive, and very toxic. Phenol compounds have a distinct odor and are used in disinfectants, deodorizers, paints, and as anesthetic for skin. Ingestion of even small amounts may cause vomiting, circulatory collapse, paralysis, convulsions, and coma. Light sensitivity and sinus congestion are common with exposure to fluids or vapors. Fatal poisoning can occur through skin absorption. Phenol and related compounds rapidly denature all proteins they come in contact with, including skin. Severe burns may occur upon contact. Although there have been many poisonings from phenol solutions, phenol continues to be used in consumer products.

FURNITURE POLISH

Most polishes are flammable. Furniture polish may contain one or more of the following substances: ammonia, naphtha, nitrobenzene, petroleum distillates and phenol. The health dangers most often associated with furniture polish are inhalation of fumes or vapors (especially from aerosols) and

poisoning from ingestion. Polishes that look drinkable, like strawberry soda or milk, are especially tempting to children.

NAPHTHALENE

Naphthalene, also known as tar camphor, is a white crystalline solid with a distinctive mothball odor. Naphthalene is available to the public as a pest repellent and is frequently contained in mothballs, moth flakes, carpet cleaners and toilet bowl deodorizers. Naphthalene can enter your system through inhalation, skin absorption, ingestion, and eye and skin contact. Naphthalene may produce possible damage to eyes, liver, kidneys, skin, red blood cells, and the central nervous system. Hemolytic anemia, caused by the breakdown of the red blood cells, has been reported following immediate and long-term exposure. Infants exposed to clothes, blankets, and diapers stored in naphthalene mothballs are at risk for hemolytic anemia. Mild degrees of anemia often cause only slight symptoms like a lack of energy and fatigue. In more severe cases, hemolytic anemia can cause acute kidney failure.

PERCHLOROETHYLENE

Perchloroethylene, also known as tetrachloroethylene, ethylene tetrachloride, or PERC, is a chlorinated hydrocarbon solvent commonly used in dry-cleaning fluid, spot removers, carpet cleaners and degreasers. Vapors are irritating to skin, eyes, and upper respiratory tract. Inhalation exposure produces giddiness, headache, inebriation, nausea, and vomiting and sinus inflammation. Skin exposure will cause redness and chapping. If ingested, perchloroethylene can result in central nervous system depression and liver damage. Chronic exposure may also result in liver damage. Perchloroethylene is a chlorinated hydrocarbon solvent that slowly breaks down in the environment. It is fat soluble which allows it to collect in the tissues of living organisms and accumulate in the environment. Perchloroethylene is a known animal carcinogen that has caused liver cancer in mice.

BLEACH

Liquid household chlorine bleaches contain approximately 5% sodium hypochlorite solution. When properly used, chlorine bleach can be a simple and effective disinfectant. Chlorine bleach liquid and vapors are irritating to the skin, eyes, nose, and throat. Dermatitis may result from direct skin contact. Ingestion can cause esophageal injury, stomach irritation, and prolonged nausea and vomiting. Bleach, when mixed with acidic substances such as ammonia, toilet bowl cleaners, drain

cleaner, or vinegar, forms toxic gases which can cause coughing, loss of voice, a feeling of burning and suffocation, and even death. Do not mix bleach with other cleaners!

Get Clean (The Safe Way)

Did You Know?

In 2005, **218,316 reported poison exposures** came from household cleaning products.

Common household cleaners and appliances give off fumes, which can potentially **increase the risk of asthma in children.**

The EPA says that only a fraction of more than 81,500 registered chemicals have gone through testing for human health concerns. 81,500 represents approximately one in every 750 known chemicals.

The EPA lists the following household cleaning products as “**hazardous waste**” – oven cleaners, drain cleaners, wood and metal cleaners and polishes, toilet cleaners, tub, tile, and shower cleaners and bleach.

The average U.S. household generates more than 20 pounds of household hazardous waste per year, and the average home can accumulate as much a 100 pounds of household hazardous waste in the basement, garage and in storage closets.

SAFE

- Nontoxic
- No toxic fumes
- Hypoallergenic
- No hazardous chemicals
- No chlorine
- No kerosine
- No dodecylbenzene-sulfonate
- No phenol
- No cresol
- No lye
- No morpholine
- No petroleum distillates
- No benzene
- No ammonia
- No paradichlorobenzene

POWERFUL

- Outperforms 11 national brands
- 100% money-back guaranteed

GREEN

- Sustainably sourced natural ingredients
- Biodegradable surfactants
- No chlorine
- No phosphates
- No nitrates
- No borates
- No animal testing
- Recyclable packaging
- Recyclable wipes
- Recyclable dryer sheets

[To purchase these products click here!](#)

Get Clean

Maybe you have heard of [Shaklee](#) or perhaps you've tried their products before. Maybe you don't know a thing about Shaklee.

Four years ago I had just found out I was expecting twin girls. I found out on December 30th, 2005-my birthday! It was a shock and I was already 22 weeks along. Immediately, I was concerned about my added nutritional requirements since I was having two babies instead of one. I came across Shaklee's website and was impressed with the quality of their nutritional supplements. I used them throughout my pregnancy.

Recently, Shaklee introduced a line of cleaning products that stay true to the company's motto of "providing a healthier life for everyone and a better life for anyone." This is important to me, as I'm always conscious of what I am exposing my children to each day in the foods we eat, the things I use to clean our home, and even the toys in the playroom.

Recently I had the opportunity to try some of Shaklee's cleaning products in my home and I'm so excited to share what I found. If your New Year's plans include a bit of spring cleaning, you'll want to see this...

Perhaps the most exciting product for me is a little item called Germ Off Disinfecting Wipes. Disinfecting Wipes? In a house with 6 kids ranging in age from 7 to 1, this is a necessity. It's not often that a mother of twins is able to find time to sanitize her house on a regular basis. And then, what are you sanitizing with? Harmful chemicals? The old standby of vinegar and water? I'm a germophobe who recently mounted a hospital-grade sanitizer in her home. I take this stuff very seriously!

Shaklee's Germ Off wipes are convenient *and* they are safe. The wipes are easy to use and they pop up out of the dispenser for a fast wipe down of whatever germmy surface needs attention. But they're bleach and alcohol free. They kill 99.9% of common household bacteria without exposing you to dangerous chemicals. Hello, funky toilet-you have met your match! A quick swipe with the Germ Off wipe and then dispose of the nastiness without ever needing rubber gloves or a face mask.



For those times when you don't need to kill germs and just want to wipe down a surface quickly and easily, there's Shaklee's Basic H₂ Organic Cleaning Wipes. These wipes work on windows, counter tops, furniture, and even walls. And yes, I tried them in all of those places! These are the ultimate convenience item and are very handy to have in the car for quick cleanups. Because they're recyclable, biodegradable, and free of phosphates, I feel good using them too.



Shaklee has all of your household cleaning needs covered with their Basic H₂ Organic Super Cleaning Concentrate. This concentrate can be diluted in various strengths depending on what mess you're trying to eliminate. You can purchase Shaklee's set of spray bottles for easy mixing. I prepared the different concentrations and then had them all ready to go for quick clean ups. This concentrate can clean your counters, degrease your microwave, wash your windows and mirrors, or even mop your floor. It's the ultimate all-purpose cleaner and it's perfectly safe to use, even for babies still crawling across the floors.



I refuse to post before and after pictures of my toilet, but I will share a before and after of my stove. I have no shame! I recently moved into a foreclosed home that was in need of some TLC. In short, the place was pretty icky. The kitchen was particularly offensive, and I'll admit that I haven't had time to give the stove top the proper attention it deserves. (Hey, my kids come first!) It wasn't dirty in that sense of the word, but there were burnt-

on black rings on the ceramic cook top.



I took this photo when I'd already started cleaning the other burners, but you get the idea. It was pretty bad. I hate it when my house isn't spotless but 6 kids have caused me to reevaluate my priorities sometimes.

Receiving Shaklee's Scour Off cleaning paste was just the motivation I needed to finally tackle that stove top. And I didn't have to worry about toxic fumes when I did it.

Scour Off is a thick paste (with a mild, pleasant scent) that's made from mineral abrasives and biodegradable cleaning agents. It's safe for ceramic, copper, grout, cement, and other surfaces so it's perfect for ovens, stoves, sinks, and tubs. It even removes rust! The best part is that it contains no bleach, chlorine, or dyes.



I applied the Scour Off paste to my stove top and with some gentle scrubbing I was able to remove every trace of burnt-on crud! Seriously, my stove is sparkling now! The difference is just incredible.



Next on my list was to do something about the pile of laundry that was threatening to overtake my tiny laundry room and overflow into my foyer and out my front door. Don't get me wrong, I do laundry every, single day of my life. However, with 6 kids and 5 wearing cloth diapers/training pants, I do a ton of laundry.

I was pleasantly surprised at how clean our diapers were when I used Shaklee's Fresh Laundry detergent . (Now, if I could just do something about our new washer that I



absolutely hate!)

Fresh Laundry is natural, biodegradable and contains no phosphates or chlorine. It's also concentrated and it's safe to use in HE washers (like mine.) This means that a little bit goes a *long* way. Our clothes are clean, smell fresh, and don't have chemicals in them that make your skin crawl. That's a good thing.



In addition to the regular laundry detergent, Shaklee also sells a stain-removing laundry booster, intended to replace bleach for clothes that need some extra cleaning power. (Boys' socks? Check.) Because it doesn't contain any bleach, Nature Bright is safe to use on colors and can even be used to remove stains from carpets and furniture. We tested it out on a spill on our beige carpet and I was quite pleased with the results!



Finishing out the laundry, I was able to try Shaklee's Soft Fabric dryer sheets. I don't usually use dryer sheets at all because of their icky ingredients. I use wool dryer balls for all of our laundry. The downside is that we do get some static when I wash a lot of fleece in the same load. Because the Soft Fabric dryer sheets are vegetable-based, I feel confident that they are definitely safe to use in our home. So I used them. And I loved them! They reduced that stubborn static when I was washing pajamas and for that I am eternally grateful. (I hate getting shocked-literally-when I'm folding laundry!)

Logically, after laundry it's time to do the dishes. Shaklee's got that covered too.

Unlike some other natural brands (who shall remain nameless) Shaklee's Dish Wash actually creates suds when you use it. And it smells great too! I have become increasingly frustrated with my other natural dish soap and using Dish Wash was a

reminder of what I dislike. I want my soap to cut grease just like the big name soaps but without the phosphates and other scary ingredients. Why should I compromise quality for safety? Well now I won't!



Dish Wash is effective at cutting grease (I tested it on the grease trays from my husband's George Foreman grill!) and it's safe to wash the plates we eat off of too. It's also super concentrated because I only used a tiny drop to clean a whole pile of pots and pans. I could not find one bad thing to say about this soap!



I wash about 2-3 loads of dishes per day in my dishwasher. It gets a *lot* of use. I've been pretty pleased with our *other* natural detergent... until now. I had not really thought twice about the leftover bits of detergent that I usually need to rinse off of our glasses. With Shaklee's Dish Wash Automatic Concentrate, I didn't need to rinse the dishes after they came out of the dishwasher. They were clean! Now, if Shaklee would just make a liquid version I'd be smitten. I always seem to spill powder under my sink or on my wet hands but that could just be me and all of the distractions I have when I'm doing dishes.

At the end of the day, I have a new nightly ritual to unwind from all of the cleaning, laundry, dishes, and exhausting work caring for 6 young children. I rub my feet with Shaklee's Herbal Blend Cream. It's mentholated and it's not greasy so it's perfect for dry hands (we have hard water) and cracked feet (my last pedicure was in April 2009.) And no, I'm not going to post pictures of me rubbing my feet. You can thank me later.

If you are new to Shaklee, let me introduce you to my website. I am a Shaklee distributor and you can read more about me, and why I use Shaklee's products, at her website . You can meet my family (and her adorable husband) at my blog. Right now (through January 16th) free membership is available on orders of 50 PV or more. You can order an entire Get Clean Kit that includes everything you need to make your home sparkle and with it, you'll get a free Shaklee membership!

In more than 50 years of business, Shaklee has never had a product recalled. And they have a 30-day guarantee. And apparently, Oprah loves the Get Clean products too! So make your home cleaner and *safer* in 2022 with the Get Clean products from Shaklee!

If you'd like to win a free product from Shaklee, here is your chance! Just leave a comment telling me which one of the cleaning products is your favorite and why. For an extra entry, blog or tweet about the giveaway and leave a link in a separate comment. Giveaway ends on January 30, 2022.

Giveaway now closed! Congratulations to Jill (comment #16) for winning a Shaklee Get Clean product!

This is not a compensated review. I have used Shaklee's products before and loved them! I did receive free product samples for the purpose of completing this review.





QR CODE FOR GET CLEAN PRODUCTS

Hormones and physical evolution: link between chemistry and biology

The chemical composition of the human body plays an important role in the evolution process. In addition, the diet, supplements of all kinds, physical exercise, the air we breathe and our state of mind are all elements that contribute to our chemistry. The endocrine system is one of the biochemical systems that play a major role in our evolution. It is one of the physical counterparts of the subtle energy structures that make up our energetic bodies. The endocrine glands provide highly specialized chemicals, called hormones, that they release into the body at specific times and for special reasons. Would it be possible for a small change in our hormonal secretions to open up new areas in our brains and trigger the ability to perceive a larger reality? During the 1960s, a mass movement advocated the expansion of consciousness through the use of drugs; It resulted from the need of the collective consciousness to push the limits of normality. Can this happen in ordinary everyday life, without drugs, without losing your head and without going crazy? As we enter the new millennium, we are learning to dive deeper into ourselves to find the key to reveal the rich secrets of our own chemical 'factory'. The following exercise is intended to stimulate the endocrine system and to establish the hormonal balance that will allow us to make a quantum leap in consciousness. This is to say how hormonal secretions play a vital role!

The spiral sweep

Although it is only a small part of the Electro-Magnetic Field (EMF) harmonization technique, spiral scanning is very important. I have it from a scholar in metaphysics named Hadassah Roberts, who designed the basic steps. It was clear that beautiful woman I barely knew a wisdom and a presence that commanded a great respect in others. When I first became aware of this exercise in 1987, I immediately recognized its great importance. Hadassah seemed amused by the fact that I found him so deep and declared himself happy that someone thought it useful. She gave me permission to use it in any way I thought fit. It was actually the energy tool that opened and prepared the path that eventually became mine. When Hadassah left her body in 1996, she was one hundred years old. It is with gratitude that I do honor to his wisdom.

The last part of the exercise is a suggestion Little Hawk made me (little hawk). A Native American friend Lakota holding the peace pipe. "Star-person, what are you doing to reconnect people to the Earth?" She asked me one day with love. Over the years, this exercise has evolved while retaining its basic structure.

In the present form, the spiral sweep prepares the energy body to receive the energy charge that we are now ready to maintain and use in our daily lives. As many people realize, the sacred event we have long been waiting for has come and the very reality of our existence is us. When we honor life and who we are, we also honor the source, the creator of our existence, whatever our representation.

You can first, if you wish, read this exercise slowly. Then, when you know it well, you can go as fast as you want. You can also view energy configurations while you are saying numbers from one to twelve.

1. The golden skeleton

Feel, visualize or think that a golden energy is rotating around your feet in a clockwise direction. Let this energy enter the soles of your feet. Since your bones are made of minerals, they make the skeleton an excellent conductor of this refined energy. Bone after bone, pass this golden energy throughout your skeleton: the bones of the toes, metatarsal, ankles, tibia and fibula, patellae, femur, pelvic bones, coccyx, sacrum and column spinal. Flood each vertebra. Then have it pass through the clavicle and shoulder blades, sternum and ribs. Then, bring it down your arms by the humerus, the radius, your wrists, the metacarpal and the bones of all the fingers. Now direct your attention and energy towards the bones of the neck, the jaws, your teeth and all the bony plates of the skull. Your skeleton is now bathed in golden light. Indulge in the sensation or image that this beam flows in all the bones of your body. Breathe deeply and relax.

2. The golden brain

Focus your attention on your sacred brain and express the intention that it absorbs that golden energy. Start with the cortex, the gray matter on the top of the brain. Directly beneath it is white matter, which is the largest part of the brain. Let it absorb this energy in the manner of a sponge. Your consciousness will balance the feeling of golden energy in the two cerebral hemispheres. One of the functions of the white matter is to facilitate all extrasensory perceptions. Take this time your attention a little higher than between the eyebrows and three centimeters inside the brain. This is where the pituitary gland, small and pear-shaped, nests. Bring the golden energy around and make the intention that it absorbs this energy completely. While passing the energy through this gland, formulate the intention to trigger the hormonal changes appropriate for you in your current evolution. The pituitary is the first point of contact that is energetically connected to the pineal gland.

Now, focus on the center of your brain, an area sometimes called the sacred chamber. This is where the pineal gland, in the shape of a small bean, is located. Direct the energy so that it wraps around this gland and express the intention that it absorbs all the golden light possible. It is also in this area of the brain that are the thalamus and the hypothalamus. The thalamus is a fan-shaped gland made of gray matter and marbled with white matter, the two sections of which are respectively in each of the hemispheres. The role of the thalamus is to give you the visualization power that you are using right now! Visualize or imagine that your thalamus is a golden butterfly from which emanates a golden incandescence. Emit the intention to intensify the expression of your sacred nature.

Bring your attention to the back of your brain, at the base of the skull, where your ovoid gland called Pont de Varole is located. Imagine that this gland has a golden incandescence. Finally, and with a particularly strong intention, direct this energy all along your spine, down to the bottom. You have just energized your brain. Breathe deeply and relax.

3. The endocrine system

After refocusing your focus, direct the golden energy of your brain to the endocrine system. First, direct it to the thyroid and parathyroid glands, located at the base of the neck. Emit the intention that the golden energy is totally absorbed by these glands.

Above the center of the heart and below the sternum is the thymus, the gland associated with the energy center that I call the upper center of the heart. This gland as well as the energy of this area is an important point from which to radiate the golden energy towards your physical body. One of the keys to expressing strongly our electrical spiritual nature is the intensification of the radiation of energy from the upper center of the heart. As our ability to express this electrical energy increases, the healing process accelerates when the body is in a state of imbalance. We therefore have every interest in stimulating this area by surrounding the thymus with golden energy and completely permeating it. Emphasize your intention that the thymus will be completely filled with this golden energy and then let it radiate in all the cells of the heart region. Visualize that it emanates from this region a golden incandescence.

Now give your attention to the physical heart. Although it is not part of the endocrine system, it is covered with a film (pericardium) that may occasionally contain some precious drops of hormonal fluid. The latter contributes to an intensification of the radiation of the energy of the heart. Formulate the intention that your heart be filled with golden energy made of love and evolution.

To the left of the navel (when talking about oneself) is the pancreas. While stimulating it with this golden light, express the intention to strengthen your ability to direct and assimilate the energy changes that take place throughout your being.

Now bring your attention to the adrenal glands just above the kidneys. Put golden light on it and make the intention to totally regenerate it.

Now, focus on the sex glands, the ovaries and the testicles, and direct the golden energy there. Every cell in your body needs this light, including these. Then direct the energy towards your thighs, calves and the soles of your feet. You have just energized your physical body. Breathe deeply and relax.

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Correction by meridian couple loops

According to the Chinese tradition, meridians with complementary functions form couples composed of a meridian yin and a meridian yang. There are six pairs of meridians: heart - small intestine, bladder - kidney, master of the heart - triple warmer, gallbladder - liver, lung - large intestine, stomach - spleen and pancreas.

Couples meridian loops aim to reload the energy of a deficient meridian with the excess energy of its partner. For example, if the meridian of the kidney is deficient and that of the bladder seems too strong, the bladder - kidney loop makes it possible to balance this couple. Once again, kinesiology will be your instrument for evaluating meridian energy.

Couples meridian loops constitute the "emergency kit" of the energetic body. First make the loops of the deficient meridians and then all the couples loops in order to balance the entire surface energy network.

If, for whatever reason, you can not verify and analyze which are the most affected meridians, the execution of the couples loops will always allow you to improve the superficial energy circulation. In addition, if your energy goes down during the day, running for five minutes recharging the meridians with the couples' loops will give you dynamism and strength for a few hours (four to eight).

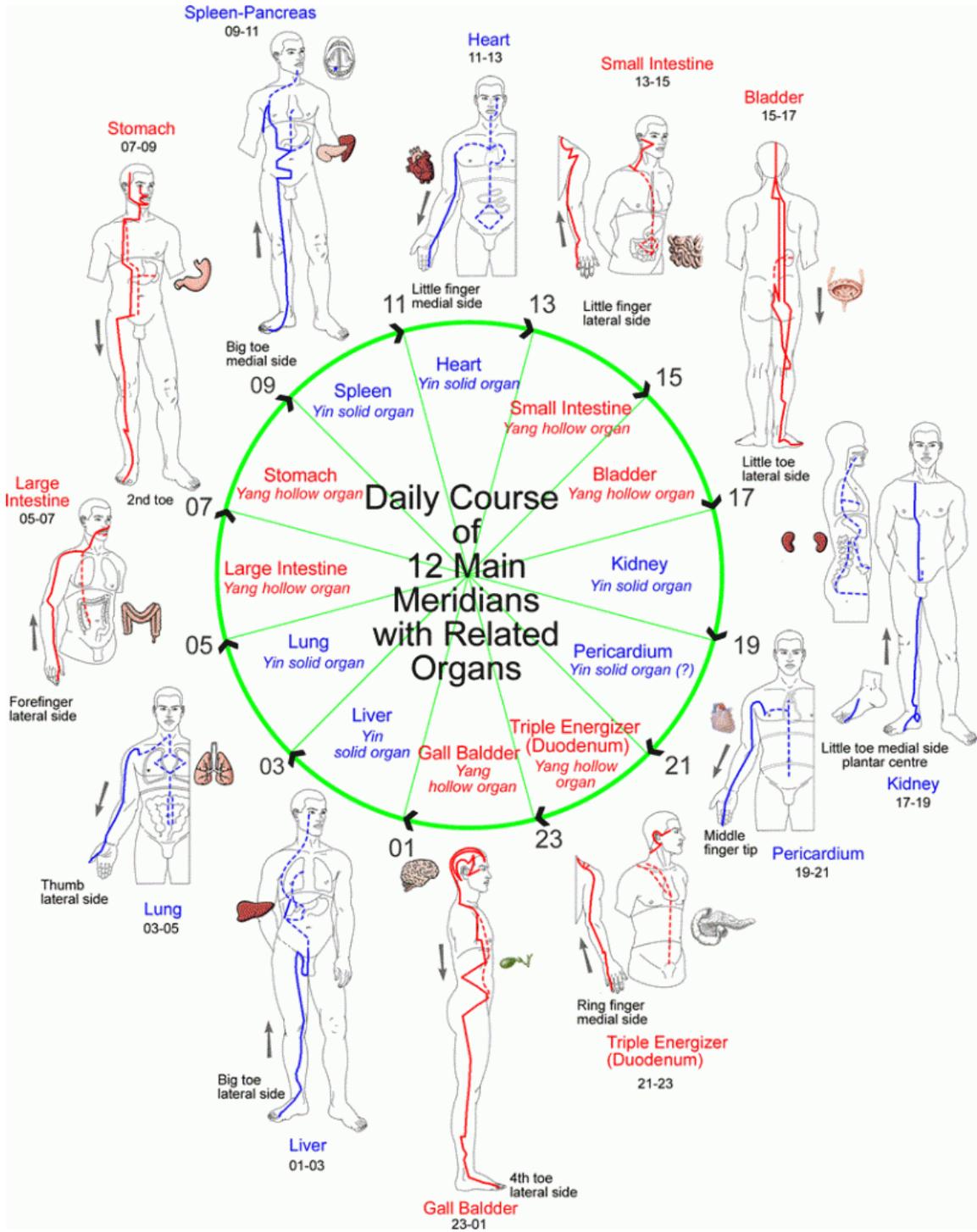
To execute a loop of a couple of meridians, simply touch the first point of the first partner and the last point of the second partner, respecting the order of the meridians wheel. (see figure Wheel of meridians)

First partner	Second partner
Heart.....	Small intestine
Little right finger under the right armpit	Little left finger in the hollow of the left jaw
Bladder.....	Kidney
Left major at the internal angle * of the eye	Right index at the angle of the clavicle
left right and sternum	
Master of the heart	Triple heater
Right major next to right breast	Left left on outer tip ** left eyebrow
Gallbladder	Liver
left major at the outer corner of the eye	Right index under the outer region of the left right breast
Lung.....	Large intestine
Right thumb between first and second rib, left index next to left wing of near the right shoulder nose	
Stomach.....	Rate - pancreas
Left major on the middle of the orbit lower left eye .	Right thumb on the right side 3 cm from breast

Consult the diagrams illustrating meridian loops if you want to know the exact location where each of the meridian points are.

* Internal: here refers to a point near the midline of the body.

** External: Qualifies a point near the sides of the body.



The attitude of the caregiver

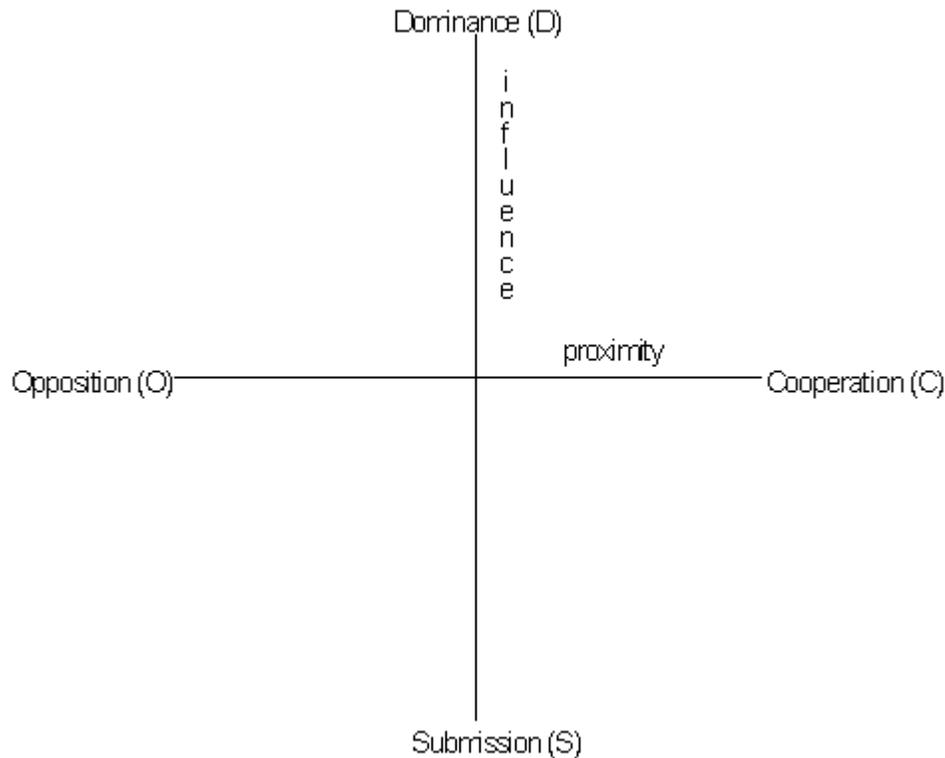
The helping relationship.

According to the point of view that we adopt of the helping relationship, if we consider the person helped, the attitude of the caregiver will be exclusively empathic and the preferred techniques or modes of intervention will be: silence, reformulation, reflection and the provision of information. If we focus on the "problem" of the person being helped, the attitude of the caregiver will be openness, receptivity and the interventions used will be reassuring, exploratory, analytical-interpretations and may include advice opinions. At this point, the helping relationship is focused on solving the problem. Finally, the "helping person" becomes the point of departure when, for example, she is consulted as an expert. His techniques and interventions will take the form of provocations, questions-surveys, evaluation and advice-directives.

Now that you have an idea of caregiver intervention and helping relationship professionals, let's take a closer look at the different interactions that occur between individuals: interpersonal relationships.

Interpersonal relationships (16)

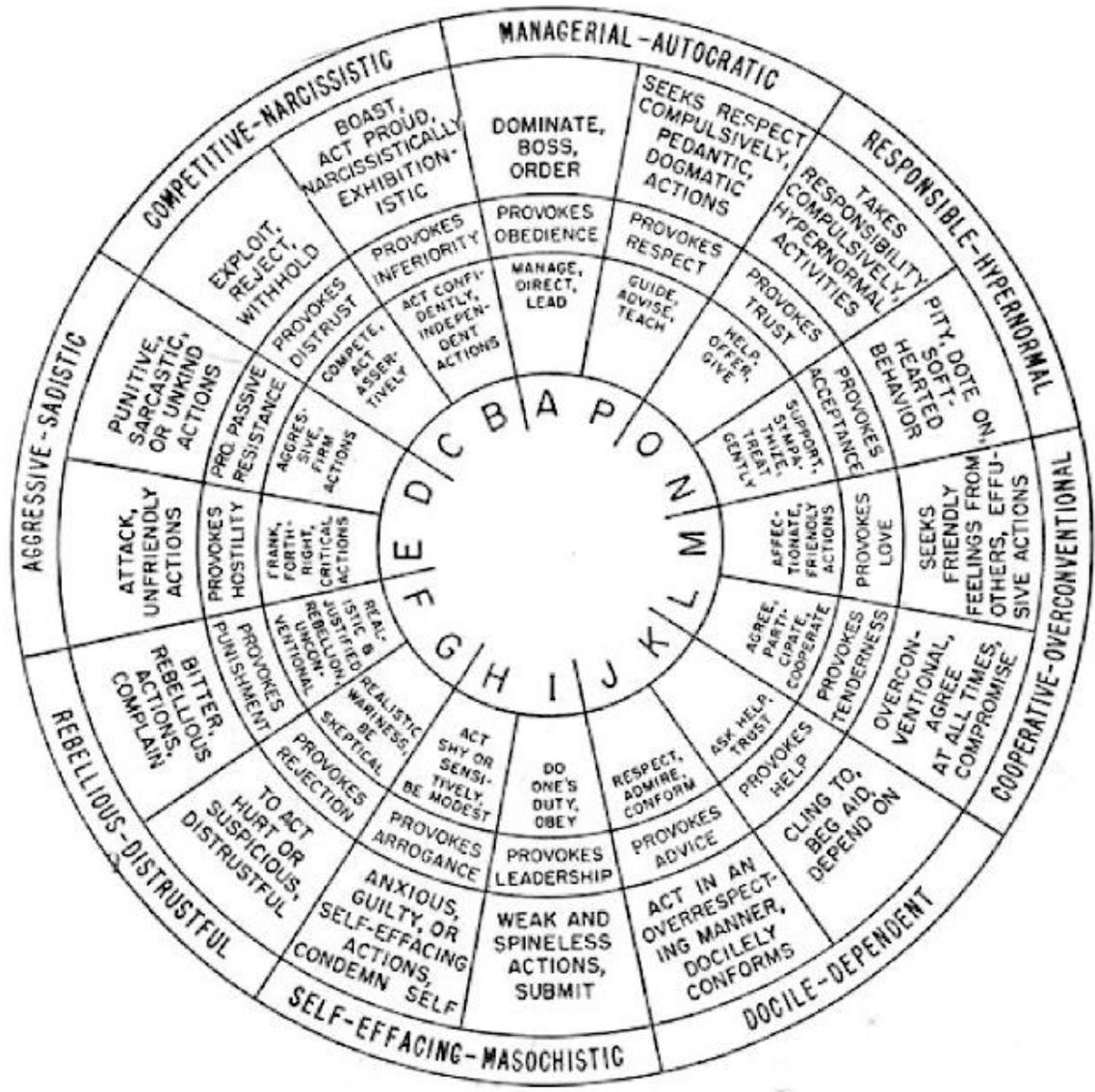
Dr. Leary argues that all inter-personal relationships can be directed to four poles (domination, submission, love, hostility) and divided along two axes, one vertical (domination and submission).) and the other horizontal (love and hostility). The vertical axis represents the complementarity effect of the horizontal axis, the similarity effect.



Leary (1957) Two-Dimensional Scheme for Classifying Interpersonal Relationships (From Hensen 1980)

From these dimensions, Leary developed sixteen categories of interpersonal behaviors. For the moment, it is useless to describe them since the work of Hould (1976) allowed a synthesis of these categories and consequently a more efficient reduction in eight categories or octants. We then call a category an octant since in the circle of Leary, reviewed by Hould, it corresponds to one eighth of a circle and one of eight standard behaviors of the classification.

Leary's circle represents a descriptive model of interpersonal relationships that could be a refinement of the functioning of the personality.



As a result of the first figure comes Leary's circumplex. Let us first describe this octagonal classification before we attach ourselves to its operation.

The illustration contains five concentric circles or octagons. Inside the smaller circle, each of the octants is identified by the letters A, B, C, and so on. In the second, we indicate the adaptive aspect of the interpersonal variables contained in the octants. For example, in the octant "A", the individual adapts if he "organizes, plans, feels competent". The third illustrates the type of behavior that the moderate reflex represented by the octant causes in the other individual in the relationship. The reflex of "Domination-Organization"

Encourage the other to adopt a behavior marked by "respect and obedience". The fourth circle represents the extreme or rigid aspect of the reflexes. If the individual uses the reflex of "Domination-Organization" to take the example of the octant "A", he will be tempted, in the

extreme, "to command, to seek to be obeyed and to abuse of his power and his authority". Finally, and this is the outer circle, we identify by naming each reflexes of the interpersonal or octant relationship. It will be noticed that each of the octants expresses different intensities in the expression of the reflexes: for example, always in the adaptive aspect of the octant "A", "organizes" is of intensity "moderate" while "command" is of "extreme" intensity.

It will be remembered that above we made the existence of the two axes, one horizontal and the other vertical. THE MORE BEHAVIOR IS LOCATED NEAR ONE AXIS, THE MORE THAN CHANCES OF NOT EXTENDING IN THE OTHER THAN THE SPECIFIC REACTION IN QUESTION. Thus, domination always gives rise to submission. For example, if two rulers meet, one of them will have to submit. In the same way, unless one is masochistic, no one will be naturally inclined to love the one who expresses hostility to him. On the contrary, it will develop hostility in turn so similarity.

Leary advocates that any behavior between the vertical axis and the horizontal axis leads to two possible effects in the other: a complementarity effect when a behavior X brings to the other the contrary behavior (the exploitation arouses the docility) ; a similarity effect when the same behavior leads to similar behavior produce (exploitation causes exploitation).

Now how does Leary's circle work? It should be used keeping in mind the diagram of the so-called circle, that is to say that a behavior can cause, as we have just said, either the complementarity effect or the similarity effect.

The complementarity effect can have different degrees. For example, the effects of complementarities of the octants A, B, C are opposite in the circle: the DOMINATION will cause in the other the ERASING; OPERATION will cause DOCILITY, HOSTILITY will cause HYPERCONFORMISM, etc. It is extremely complementary and even defensive. On the other hand, for the same octants, we identify a degree of complementarity more nuanced and healthier which is found on the third circle, inside each of the octants: DOMINATION causes RESPECT and OBEDIENCE; EXPLOITATION causes MISCONDENCE and INFERIORITY; HOSTILITY causes RESISTANCE and HOSTILITY; etc.

According to Leary, an individual's interpersonal relationships become more functional when they come from all of the octants.

Through the ages, humanity has remained the same. Why not be AMOUR-COMPASSION or kind by doing a favor from time to time and perhaps thanks to this gesture, one more life will be spared or saved from human misery because it will have taken (hold) in hand. One more star will see, therefore, the day again in the firmament. A modern option: volunteering, touch-massage.

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-Permission to reproduced Leary's interpersonal relationships: Sherbrooke's University-
Department psychology.Qc., Canada

Welcome to the evolution

An Overview of the Mayan Calendar

by Ian Xel Lungold

Most people knowledgeable in the field of the Mayan calendar understand the Mayan Calendar as a system of an indigenous people's astronomy/astrology, divination and prophecy.

The Mayan sacred books of astronomy and prophecy are painted on pages of processed bark of the Amate tree. Many thousands of these books, called codices, were burned during the early 15th century by Catholic priests. Much knowledge was lost, which is the first step in cultural annihilation. Maya Priests were pushed far into hiding. They could only practice their culture in the most remote areas of Central America. Those who were caught were murdered.

This practice continued up to the late 1980's

The Maya knew this 500+ year period of horror and devastation was coming.

It was written in their prophecy over 2000 years earlier...

Dr. Carl J. Calleman PhD is a biochemical scientist from Sweden; he has for 30 years worked in labs performing microbiology experiments. Most of his work was investigating how pollution causes disease to proliferate. 8 years ago he trained his attention on the Mayan calendar to see what correlations or sets of facts could be proven, not just "studied" as the archeologists have done. What he uncovered with his new found "hobby" is quickly changing the world and the way we live with it.

For Dr Calleman, has scientifically proven the Schedule of Creation and Evolution over the last 16.4 Billion years. (From the "Big Bang" forward)

Mr. Ian Lungold entered the scene for his discovery of a simple formula to find any day on the Mayan calendar from the Gregorian calendar. There-by providing access to every man, woman and child on Earth to the Mayan calendar.

What makes this information vital is many fold. First in general we have a road map of time and history. A road map is not a crystal ball, you don't know just what will happen when you get to a destination. But knowing where you are going and seeing the landmarks along the way, is very reassuring. If you've been to a place before you can prepare for the circumstances you will find there. If you were going to Paris for example, you'd need French francs and some French phrases. This Creation pattern has repeated 7 times before and so we have, or at least consciousness has, been through all of this before.

The actual pattern of Creation described by the Mayan calendar looks like a pyramid with 9 levels. Immensely long periods of time with shorter and shorter periods stacked on top. Or even more accurately, as a set of nested vessels, each of them 20 times smaller than the last.

Each of these 9 Creation cycles is 20 times shorter than the previous cycle. Each of these cycles is further divided into 13 equal sections of time and each of these sections has a purpose onto Creation. There are 7 sections of day and 6 sections of night to each level. The Sumerian, and Mesopotamians wrote this same pattern in clay tablets as their understanding of Creation. The Ancient Vedic texts, those are the basis of Buddhism, Hinduism, Sufism and Taoism have the same understanding of 9 levels with 13 sections each. Our own Bible, states that there were 7 days to Creation in the book of Genesis.

Section one: is a period of "Light" or an opportunity for the growth of consciousness. It is the inception, a planting of seed, a new beginning or impetus to change or flow in a new direction. New perceptions become available.

Section two: is a period of "Night" or the opportunity to apply the enlightenment just received from Creation's flow. This would be the germination of the seed planted in the dark soil or the developments of new points of view.

Section three: is another period of "Light" when duality is put on display. In nature, a seed sprouts up out of the ground and displays two leaves. The essential duality is always a new viewpoint that is overriding the "old" consciousness.

As it has come down in human history, this has always been a time of civil turmoil.

Section four: is a period of "Dark" when polarized factions come to blows over their differences. Indeed these periods in human history are peaks of violence.

(We are in the 2nd Night of the Galactic cycle from Dec 19th 2001 – Dec 14th 2002)

Section five: is another period of "Light." In nature this is the development of a root system and the second set of leaves that will be a permanent part of the plant.

It is the establishment of the new consciousness as viable. In human history during this section lies or failed systems are disclosed so that progress is not blocked.

(Hold on to your hat as the truths pour forth from mid 2002 through most of 2003)

Section six: is another period of "Dark" The seedling set of leaves are dropped from the plant as another set of leaves spring from the top. These are at 90 degrees from the last set. In human history failed systems have been jettisoned, usually by force, during this section.

Section seven: another period of "Light" In a plants life, the tap root grows deep to firmly attach the plant while the stock thickens and branches form.

It is a period of expansion of the foundations laid. In human history the "New" point of view and way of doing things takes dominance. For instance the empire of Greece was built during this section.

Section eight: is a period of "Dark" once again or the application of new procedures. During this time a plant is multiplying its leaves and root system like mad. In human history it has usually been a period of rebuilding and a time of healing.

Section nine: here is a period of "Light." In fact the brightest period of "light in the entire cycle. In a plants life this is when new chemicals are produced that carry the message to form buds. In human history, it was this section when Art was invented, the message of Jesus moved over the earth, Mr. Einstein discovered the theory of relativity and America with the victory of WWI rose to world power.

Section ten: another period of "Dark," in fact, the darkest period of each cycle. In a plant's life this is the growth of the bud. In your life it was puberty.

In human history this has been a time of great physical hardship or major conflicts. The Illonian Ice Age, Neanderthals going extinct, Rome falling and WWII are glaring examples.

Section eleven: again we are in a period of "Enlightenment." This is the time of flowers for the plant. For you it was adolescence. In human history this was the creation of 1st tools, the 1st attempts at agriculture and constructed shelter, the renaissance and most recently, the flower children movement of the sixties.

Section twelve: one last period of "Dark" in the cycle happens now. In the plant's life the flowers wilt and die setting the stage for fruit development or of seedpods that will dry. This is what happened to the Maya civilization right on queue. Throughout human history there have been conflicts and revolts during this period, most recent of these having been the Viet Nam war.

Section thirteen: a period of "Light" once again, a time of readiness for something new and different. A time of ascension, going from one level to the next higher level. The plant spreads the seeds or drops the fruit to begin again a thousand times over. In human history it was during these repeating sections that consciousness developed Homo Sapiens, agriculture and domesticated herds, signed treaties to establish the sovereignty of nations and their people and put up the Internet creating a planetary consciousness in 1992.

This pattern of Creation, an action plan, can be seen happening everywhere in the universe from sub-atomic particles to galaxies over and over. "As above, So below."

Notice that we go from a "Light" section directly to another new "Light section.

The deck is stacked. Creation is on our side and always has been.

This pattern does have an acceleration built into it. Each cycle of Creation contains the same amount of advancement and change but each cycle runs 20 times faster. The same amount of change that happened in 1.26 billion years of the Cellular cycle now occurs in 360 days as can be seen on the chart below and in the news on TV.

Cycle name	Began	Length of Days/Nights	End Results
Cellular	16 .4 billion Years Ago	1.26 BY	1st Live Cells
Mammalian	840 Million Years Ago	63.1 MY	1st Live Births
Family	41 million Years Ago	3.1 MY	Family Relationships
Tribal	2 million Year Ago	180,000 Yrs	Homo Sapiens/ Tools
Cultural	102,000 Years Ago	7900 Yrs	Agriculture/religion
National	5,116 Years Ago	396 Yrs	Sovereign Nations/laws
Planetary	1755 AD	19.7 Yrs	Internet & Global Economy
Galactic	Jan 4th 1999	360 days	Ethical Considerations
Universal	Feb 10 2011	20 days	Conscious Co-Creation

The above chart is generated from the Mayan Tun (tune) calendar that runs in 360 day long cycles not 365.25 day long cycles of the Gregorian calendar. This is a very important point that will be covered later.

This chart does in no way conflict with either the Creationist or the Evolutionist points of view. This schedule marries the two beliefs in fact. No matter how uncomfortable that concept may be at the outset, the facts that Creation has evolved are indisputable because that evolution and schedule continues today. In fact the evolution of all consciousness has accelerated to such a degree that we can watch it unfold step by step as in time-lapse photography in the current headlines.

In Dr. Carl J. Calleman's book, "Solving the Greatest Mystery of Our Time, The Mayan Calendar," [click here](#) he carefully lays out all of the scientifically accurate facts used to prove this thesis. The article here is not meant to fill everything in, just give an over all view. It is hoped that each person will investigate these facts for themselves and not take any of this on "Faith". Belief in this thesis is actually counter-productive for two basic reasons; those without adequate knowledge can not effectively pass the information to others and a formula that I have developed which states;

"Peace of Mind" comes when a person is "Centered." Centered-ness comes from Certainty. "Certainty comes from the recognition of patterns. So the stability of your "Peace of Mind" is directly related to your degree of certainty.

Blind faith, in my opinion, is not certainty but an obstruction of any facts that might undercut the faith. Thus creating a limit to one's true Peace of Mind.

This in turn is the generator of all types of defensive measures including wars, to protect one's personal faith in how things are or ought to be. We've gone down that road far enough don't you think?

I would like to show the evolution of Religious thought as a further demonstration of this schedule. This is something that all religious scholars can agree on no matter what denomination or personal agenda.

As previously stated the "Light" sections or "Days" of the Creation cycles, are periods of enlightenment when new perceptions are gained by consciousness. So it is with the evolution of our concept of God and our relationship to him. "Day" by "Day" we have increased our understanding and altered our approach toward God.

The first "Day" of the National cycle was from 3115 BC to 2721 BC. It was at this time that the Sumerian's worshiped An or Anu.

Anu was seen as an omnipotent Creator God who had to share his space with a host of household, workplace, weather and nature gods of all kinds.

The second "Day" of the National cycle was from 2326 BC to 1938 BC. During this section Abraham moved to Cana in 2300 BC.

The third "Day" of the National cycle was from 1538 BC to 1144 BC.

This was the time of Moses and the beginning of Monotheism. (The Truth coming into sharper focus.)

The fourth "Day" of the National cycle was from 749 BC to 355 BC.

Isaiah was from the year 748 BC, Buddha, 552 BC, Confucius, 551 BC, Zoroaster, 550 BC, Pythagoras, 550 BC, Deutero- Isaiah 550 BC .

The fifth "Day" of the National cycle was from 40 AD to 434 AD. During this period Paul took the message of Jesus to the world and Christianity was born. Buddhism started in China 60 AD and the Talmudic and Judaism religions began at this time.

Not to mention Quetzalcoatl, the Maya Creator god who appeared to them in Teotihuacan, as a Christ like personage with a very similar message, in 40AD

The Fifth "Night" 434 AD to 829 AD was when Islam was inspired in 632AD

The Sixth "Day" of the National cycle was from 829 AD to 1223 AD. At this time there was a general expansion of Christianity to Northern and Eastern Europe.

The Crusades and development of the Papacy happened here as well as the second Quetzalcoatl in the Maya/Toltec city of Chichen Itza walked the earth.

The sixth "Night" the second wave of Islam 1223 AD to 1617 AD

The seventh "Day" was from 1617 AD to 2011 AD. During this period, Christianity expanded once again, starting with the Pilgrims in 1620 AD.

We could go through the discovery of scientific principles or communication methods or development of political ideals or the creation of America and we will see that the developments in

each field conform to the same schedule. In fact everything we know of what has happened when follows this schedule.

There is no mistake; this is no 16.4 billion yearlong coincidence.

Ian Xel Lungold

For more details - please consider purchasing Dr. Calleman's books
or Ian Xel Lungold's DVD's.

Video 1-2-3-4 of Ian Xel Lungold

- 1- <https://www.youtube.com/watch?v=NQQp91luprU>
- 2- https://www.youtube.com/watch?v=W5zUW_CTRy4
- 3- <https://www.youtube.com/watch?v=t5eYncE4khQ>
- 4- <https://www.youtube.com/watch?v=McZr8rbh7W8>

The Manifestation of Polarized Consciousness

or

That Crazy, Cute American Electoral Coupe: Too Cute to Recount

Well, here we are, at "civil" war in the Third Night of the Mayan calendar, which lasts from 1/5/99 to 10/28/2011.

The nation (indeed, the world) is more greatly separated ideologically than at any time in recent memory. The last time we were in this cycle of consciousness was 1853 – 1873. Then, the industrialized north wanted tariffs on agricultural goods sold to Europe by the southern states. Economic concerns combined with the new consciousness that owning persons as slaves was immoral and no longer tolerable produced the U.S. civil war.

This time, (12/9/2003 - 12/05/2004) the "Have Mores," who used their power to build and institutionalize corruption within government and financial systems world-wide, are lined up against the "Haves" (or "Used to Haves") and the "Have Nots." This power differential (evolved and developed over the last 5000 years) is the basic mechanism behind the separation between national, cultural and ethnic groups. Creation's evolution now introduces the new consciousness of ethics, forcing the disclosure of misdeeds, and we have the set-up for another "civil" war. This is to free us—corporate slaves to debt and censorship that we are.

This "civil" war has been raging in a new kind of battlefield, the courts and the mass media (including the Internet). The people demanding integrity and those morally thumbing their noses at ethical concerns are marshaling their armies of lawyers, goons and volunteers to do civil battle for all to witness, in ever mounting detail. The weapons are sound bites, whistle blowers, exposures, criminal charges and published investigations. The moguls owning the media are the "Have Mores," of course, and are very glad to rent the battlefield by the second and the minute. Who pays this rent? You do, with higher prices for almost everything to cover marketing and advertising costs.

As the economy becomes unraveled by increasing interest rates in early 2005

see "U.S. Economic Collapse Looms 2005," <http://www.proliberty.com/observer/20040808.htm> , large-scale demonstrations will flare up, and we will have to wait to see what happens at those events. I suspect, though, that any dissent will be demonized and crushed as completely as possible by the power elite, leading to serious complications across the nation and the world.

Yes, consciousness is divided across the planet in many ways. All of this is being orchestrated for the greatest marketability to a perpetually panicked public, by the way. The media owners are running this circus for the most part, and they are literally making a killing, many killing\$.

The most basic reason for this situation is found within the Mayan calendar. As Carl J. Calleman explains in his books, *The Mayan Calendar* and *The Transformation of Consciousness and Solving the Greatest Mystery of Our Time: The Mayan Calendar*, and as I have explained many times in numerous articles, the Galactic Cycle of Consciousness (January 5th 1999 to Oct 28th, 2011) is one of

duality. Its purpose is to separate consciousness into two opposite poles, or points of view. In my previous articles, I have offered those points of view as a "Creator" point of view and a "Victim" point of view. Dr Calleman uses Eastern consciousness and Western consciousness to differentiate the two, and there is a very sound historical basis for his thesis.

In any case, all that we experience in the outside world from here on in will be on the basis of these disparate points of view, to an ever increasing degree as we go forward.

For example; there will be the "Creators" of "Homeland Security" at the expense of many "Victims." (Please understand that, in fact, there are only Creators in this Universe.

It's just that some people are creating themselves as victims for their own reasons.)

This polarity, literally, is what creation and the evolution of consciousness is calling for right now. Controversy is going to be everywhere you turn because that's what consciousness is about during the whole 12.8 year running of the Galactic Consciousness Cycle.

In fact, if you want to be heard or paid attention to, you had better cause or be part of a controversy. Controversy is all consciousness will be tuned into in general, world-wide.

Now, not getting caught up in the various controversies is going to be a good trick. Yep, pretty tricky I must say. I myself have caused a bit of a ruffle recently within the Mayan calendar community. Because of my intuition, my impulsive nature, or my hot-headed hand at the keyboard—whichever you wish—I have joined in the flow of controversy re: the Dreamspell calendar and the True Count Mayan calendar. Trying to understand the flawed Dreamspell system leads to having to follow the Dr. Jose Arguelles teachings and to a dead end of believing his teachings just and only because he wrote them. There are no ways to objectively measure the Dreamspell calendar or its effects. There are only subjective observations or in other words, beliefs about the Dreamspell system. Leaving a person who has been drawn intuitively to study the Mayan calendar through the Dreamspell either a now blinded believer or a confused outcast, unable to resonate with the "Galactic rhythms". Either way, a Dreamspell student becomes a victim of the system's ineffectiveness. On the other hand, understanding the true Mayan calendar and investigating the scheduled evolution of consciousness next to scientific record leads a person to a "Creative" point of view rather than that of a "Victim."

As these points of view are the dividing line between the evolution and or the extinction of beings during this cycle of creation, I consider the Mayan calendar information a top priority. In other words, it's worth taking risks—personal risks, financial risks, whatever risks I have to take to get as much exposure as possible for this subject.

The intuition I received is to flow with Creation's intent and directly draw attention to the differences between the calendars—to purposely cause controversy and attract more attention to the message of the Mayan calendar at this time. Especially, when controversy is what is being prophesied by the Mayan calendar for this period. This is kind of a self-fulfilling prophecy, I guess, but I am going to try it out any way.

You've heard the expression, "any publicity is good publicity?" I'm putting that phrase into action by introducing contention, simply by expressing the truth in the face of certain pockets of denial. That

will do it every time, in a big, quick way. We'll see how much mileage we get out of it, and I'll keep you loosely posted.

Anyway, on to the world during this time.

The Third Night is a time when broken things are thrown away by consciousness.

Watch as the U.S. Constitution is thrown away on one hand (it has been broken by the current administrations draconian Patriot Acts 1&2 passed without congress even reading them after 9/11 as part of the tools for fighting terrorism) and as the trust in government, security, economics and finance turn to vapor on the other. (Certainly all busted systems.) We will witness the desperate alignment with power by certain people (goons) and the expression of integrity and ethics by another percentage of humanity that will continue to evolve. This split of consciousness will become extremely evident in every respect.

The negative effects of this tension will be most serious in dense population centers, where most of the "victims" live. People with Creator points of view are usually making their own way somewhere more remote and less congested, or they have fairly immediate access to remote places. This situation is something they actually created individually, rather than just sitting around in their particular difficulty and complaining about why something seems not to be possible (Victim mentality). Yes Virginia, we create our own reality and circumstances by our choices.

Now I know that this is the toughest part of what we are about to learn.

I myself turn from this truth often enough. From the time, place and conditions of our birth and forward each of us has created either barriers to climb, or holes to climb back out of, or marble stairways to ascend in our lives. As uncomfortable as that truth is we need all completely face it now. We are going to witness as the general public becomes more outraged and desperate to be right or to be "righteous." Watch the judgment levels in our society go right off the charts as never before. The actual polls right after the election shows that the American public is divided 56% to 44% between being encouraged by the results or afraid of four more years of Bush. The Religious Right carried the day for the President, evidently. We are going to witness the uncovering of deeper layers of rot in our political establishment leaked and smeared in the media for best emotional effect as power devours power, in a seductive campaign to enlist your passion as a caring human being or as personal direct beneficiaries of raw lust for power and control. We will witness Christian fundamentalists attack and tear at anything not within their very strict moral code, as they themselves become disclosed in their beliefs of fear, greed and the frauds perpetrated as self serving Ends justifying the Means.

Remember, this is all unfolding as the basic nature of this cycle's consciousness which is to separate as widely as possible differing view points. Mine and your whole point here should be to stay out of judgment. (Good luck)

If you stand for anything (even the truth) you are going to be judged by many on all sides. Yep, it is Judgment Day right here and now.

"Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.

(MATTHEW 7:1-5)

Have I made judgments on others? Yes. Have I judged myself?

Yes, both positively and negatively. Have you done the same? This is the test for us to pass and we have something like five more years of workin it to pass that test. The object is to catch ourselves in judgment and to curtail those actions so that we may allow all of the changes and adjustments in consciousness to unfold unimpeded within ourselves. Stepping outside of judgment is how we stay immune from whatever controversy presents its self. Understanding that this is a process of the evolution of consciousness can help us to walk away from judgment.

So what's next? The Fourth Day of the Mayan calendar starts on Dec. 4th, 2004 and runs until Nov. 28th, 2005. During this cycle, the incoming consciousness—in this case ethics—becomes the dominant consciousness and lays the foundations for a new understanding which will continue through the remainder of the cycle. This particular cycle will be a time of rapid change and adaptation to these new insights. This will not be a peaceful time. For example, on the Second and Third "Days" (2001 and 2003) of this Galactic Cycle, wars have started. The year 2005 is going to bring many conflicts between the differing viewpoints over the control of natural resources, until earth changes end the conflicts—horrible weather, earthquakes, volcanoes and resulting tsunamis. These earth changes will be the result of our direct electromagnetic connection with the Sun, who responds to our collective mental/emotional (electromagnetic) chaos. Father Sun will keep putting more electromagnetic pressure by way of sunspots and CMEs

(Coronal Mass Ejections) on to Mother Earth until she shuts those kids (us) up!

Mother Earth will do so. So did your mom. So did mine. These events are, over all, a very good thing.

Only a humbled humanity can actually make the changes necessary for the continuation of our evolutionary journey.

Looking at the previous patterns of the schedule of evolution, 06/01/05, the High Noon of the Fourth "Day" will be when the tide finally turns on all of this. Of course, we will have to see how this turns out, but we sure don't have long to wait.

Well, that's the way I see what's going on and what's soon to come. Please use your own discernment on these musings and educate yourself on the issues as deeply as you can to better establish your own viewpoint. I suggest that you each read Dr. Carl J. Calleman's books and the various articles on unfolding world events posted at <http://www.mayanmajix.com> to broaden your knowledge in all of these matters.

In service to the God~Us

Ian Xel Lungold www.mayanmajix.com

The Fall of Us

(Self Determinism/Other Determinism)

Note from Ian:

This is a warning about this article;

Right after I finished writing this, issues that had been roiling under the surface erupted into my reality and I was diagnosed with cancer. Yes, this condition had been sneaking up for a while but when I wrote this truth is when it went bang into my life. The cancer was on the right side of my throat in the lymph gland. I thought it was a dental problem for a few months there. If you have anything riding there it just might show up to be handled very quickly once you have read this article. Just a heads-up.

Here we sit, in a supposedly solid reality created in 720 degrees all around our consciousness. This "solid" reality has supposed limits and barriers which cannot be overcome. (Though, consciousness has been overcoming them in leaps and bounds recently.) How did we come to be in this situation in the first place? Many religions tell us in their cosmology that we entered into physical being through a fall from grace, that Creation was split asunder when the forces of "Light" and "Dark" divided into two camps. (Sounds like this could have been the Big Bang to me.)

What was this really? What really happened here? It had better be a simple answer.

An answer that every part of creation and consciousness can resonate with as the truth or it is not an answer at all. In my humble opinion, what really happened was the birth of individual consciousness through a decision to be self-determined. This decision set up the condition that one was separate and individual from all else in creation so that one could have an outside or witnessing point of view. The outside and individual point of view was purposely put on a divergent track to that of the static state of source (God/Goddess) and the initial gradual separation was, we now realize, an ever-accelerating one.

So the separation from Creation or Source or Light, got greater and greater, faster and faster. Eventually we lost sight of the fact that we were creating our own reality and in the ensuing confusion we set out on a search to find other viewpoints to confirm our experience. The meeting of viewpoints happens when people see things the same way or think in a similar way about something. So agreements happen in the mechanism we call the mind. The mind being electro-magnetic fields or screens that a being projects his creation upon to be viewed by his and other's consciousness. Anywhere that two minds meet in agreement, the idea becomes more real. The more agreement there is that something exists, the more "Real" that something becomes.

Take aging for an example. There is a lot of agreement about that and so people really do age. But note they age at different rates? It is not absolute and fixed so this "reality" of aging is somewhat arbitrary. Which means; aging is Arbitrary. Don't it? The idea of aging is only an agreement lodged in the mind. But look at how "real" that limitation has been for us all. Remember, this all started with the idea that we wanted to do it our way, as individuals. Our purpose evidentially is to demonstrate our self-determinism while experiencing creation as an individual point of view. This grand experiment has wound around and around itself to the point where we are today. Seemingly, trapped in a creation not of our making and dealing with causes and effects in a very surface level manner. Like echoes in a canyon, causes and effects are bouncing about our heads in a confusing jumble. Overwhelmed, our consciousness crouches in our minds set in "self-determined" logic as a defense of course, against "other determinism".

Gottcha! Catch 22.

The Mechanics work something like this; you are stopped in your car at an intersection that is a side street onto a main drag of town. You really want to turn left. There is an unending stream of traffic and you REALLY want to turn left. If you allow it to, your self determinism turns up on high beam and illuminates your mind that you are being thwarted by the conditions you are witnessing. All those other drivers and cars are now in your way! In other words you end up "Other Determined" the moment and to the degree that you decide to become "Self-Determined." This simple process within your mind is the source of all evil intent and destructive acts through-out Creation. It is this process that sets up defenses (Sets of reasons) along a line of "logic" and proceeds to build walls between the being and the rest of creation which contains the source of his/her total self and creative abilities. Me, against everything and everyone else! So the fall of us all, was and is the mechanism we call the mind which by the way, is the only place that the idea that we are separate from all else, could possibly be living.

(The solution of course is to be Pan- Determined and go with the flow. In the traffic situation we would turn right, then left across only one lane of traffic, then left again and then turn right to be going in the direction that you wanted to go.)

(Pan = spanning across)

Our whole journey as mankind over the last 100,000 years has been the uncovering of what already exists. We have gone from the ability to decide, through the consciousness of reasons and on to law. In the last 390 years the discoveries of natural law (science) have been converted to power matching the purpose of the planetary consciousness cycle that began in 1755 AD and now (since Jan 5, 1999) we move on to the consciousness of ethics and integrity or sustainability.

For the last 100,000 years consciousness has step by step become aware of more and more of creation which is ultimately being created by us. In other words, this whole process is of us coming back to the full realization that we indeed are creating our entire experience, both what we consider good and bad.

The next pivotal point in this evolution is right on the horizon. It is coming on June 1st and 2nd of 2005. June 1st is the last day before the mid point of the Galactic consciousness cycle which is all about Ethics and Integrity overcoming the consciousness of Power or domination. June 2nd is when Ethics and Integrity does become and from then on is the prevailing consciousness of our planet and as far as we know, this entire created 3-D universe.

Think of a ruler set on the edge of a table or counter at a 45 degree angle. Now slowly push the ruler up over the edge until you have passed the mid point. The ruler does lie down on the table doesn't it? This is the same mechanism that we approach on the part of consciousness. Right now, the consciousness of Ethics and Integrity LOOMS over that of Power and Dominance. Once the mid point has been passed, the incoming consciousness does become prevailing with no doubt and then it just keeps moving, bulldozing all of physical reality with the intent of creation itself to evolve or be eradicated in the process.

Making that pivotal turn to match consciousnesses movement, means allowing rather than attempting to control, events in our experience. This, as I have been writing over and over again will be our greatest test. To go ahead and just allow all of the rapid shifts and changes coming into our reality will be, Our Greatest Test. Get ready to lighten your load so that we can more precisely flow with creation and to have less sh_t to get snagged up on during the process. The greatest load each of us are carrying is our mind and all of its reasons (logics) on why things are, must or should be any certain way or another.

These mental conditions are the baggage that can get snagged and impede our otherwise free movement in consciousness. You already knew that, from your own experience didn't you?

All systems lacking integrity (that's most of our current systems of economy and government and medical) are set to breakdown because they are not sustainable.

Also, they can not change quickly enough to keep up with the shifts of consciousness.

Just like the Dinosaurs they are going to go extinct.

Now, what should you do about it? Nothing! Doing nothing, will be the best way to go through all the shifts approaching. The less you have to DO and the more you can just BE, the better off you will be as we go through these coming changes. If you are in a position where you have to DO certain things in order to survive you are in the wrong place. When you have created a situation where you can just be with the land, air and water, when you can be in a flow with nature and its abundance, then you are in a good position. This is why the down trodden Maya, the Hopi and other Native

Americans (who have remained true to traditional ways) and scattered indigenous people around the world "living off the land", have the superior position. The MEEK shall inherit the earth my friends. I myself am not in that enviable position. (Though I am intentionally drifting that a-way) There are still things that I must do to get by. Like make money for instance. I trust that the vast majority of you reading this are in the same situation.

These messages that I send are not to make you comfortable with your current holdings in a world gone mad. These writings are to spur you to action to get yourself lined up with natural forces and with your intuition that will assist you ride the tide of swift change enveloping our world.

I am not passing sentence on you or anyone. You each create your own situations and destiny along with the others that surround you. The more people that surround you the more you are subject to their creations as part of your experience. Over the years I have had many people tell me that if they just believe that they will be okay, that nothing untoward will happen to them, they will be fine no matter where they are.

For all those folks living in the congested cities, how many of you have been in a traffic jam? How many of you have been at the collective effect of thousands of cars blocking your intended journey? There you have a perfect example of the effects of co-creation in your reality. None of those cars or drivers was intending to stop you, them selves or anyone else. But there you all were, subject to the co-created situation. This kind of situation is what is going to happen on a massive scale as the systems within our society crumble. Is this tough to read? Good. That means this message is sinking in.

Trusting in your own ability to manifest your survival is paramount to actually achieving that survival. Adjusting your circumstances to change the odds in your favor is (in my opinion) just as important. Be prepared. You would wear a coat in below zero degree weather wouldn't you? The seasons are natural cyclic changes that we are familiar with. The changes coming, are natural ones that we can now recognized as cyclic because of the Mayan calendar and the exposure of the schedule of the evolution of consciousness.

BE prepared. As the Hopi have told us; Know where your water is, Know where your food is, Know all of your relations. (In the middle of a large population center how many of the thousands around you do you actually know or them know you?)

The purpose of survival is to perpetuate consciousness in such a manner that it can continue to evolve. Evolution, as far as I can tell, is the accumulation of tools or options and understandings to improve survival potential or the quality of survival. The purpose of extinction is to eliminate

unworkable systems or organisms so that consciousness does not get bogged down and may continue to evolve to higher levels of survival.

According to the schedule disclosed by the Mayan calendar, we are now at one of those crucial points of choice between evolution and extinction. We have much to look forward to in our future as consciousness continues to unveil the nature of our creation and our native spiritual abilities.

So which is it for you?

Intending the best for all your creations, Ian Xel Lungold www.mayanmajix.com

What does the spike in the Schumann resonance mean?

In 1952, German physicist and professor W.O. Schumann hypothesized there were measurable electromagnetic waves in the atmosphere that existed in the cavity (or space) between the surface of the earth and the ionosphere. According to NASA, the ionosphere is an abundant layer of electrons, ionized atoms, and molecules that stretches from approximately 30 miles above the surface of the earth to the edge of space, at about 600 miles. This dynamic region grows and shrinks (and further divides into sub-regions) based on solar conditions and is a critical link in the chain of Sun-Earth interactions. It's this "celestial power station" that makes radio communications possible.

In 1954, Schumann and H.L. König confirmed Schumann's hypothesis by detecting resonances at a main frequency of 7.83 Hz; thus, the "Schumann resonance" was established by measuring global electromagnetic resonances generated and excited by lightning discharges in the ionosphere. While this phenomenon is caused by lightning in the atmosphere, many are not aware of the importance of this frequency as a tuning fork for life. In other words, it acts as a background frequency influencing the biological circuitry of the mammalian brain.

As far back as we know, the Earth's electromagnetic field has been protecting all living things with this natural frequency pulsation of 7.83 Hz. You can think of this as the earth's heartbeat. The ancient Indian Rishis referred to this as OHM, or the incarnation of pure sound. Whether by coincidence or not, the frequency of 7.83 Hz also happens to be

a very powerful frequency used with brain wave entrainment as it's associated with low levels of alpha and the upper range of theta brain wave states. This frequency has also been associated with high levels of hypnotizability, suggestibility, meditation, and increased HGH (human growth hormone) levels, in addition to increased cerebral blood-flow levels while this frequency is being stimulated.

It would seem then that our nervous system can be influenced by the earth's electromagnetic field. Maybe that's why being in nature has always been so restorative and healing. Disconnecting from a typical city setting by reducing our exposure to crowds, traffic, work, and routine life—and instead getting out in natural surroundings—can slow our brain waves down from the aggressive, vigilant, anxious, and impatient states that are seen in higher ranges of beta brain waves to more restorative alpha waves.

On January 31, 2017, for the first time in recorded history, the Schumann resonance reached frequencies of 36+ Hz. It was considered an anomaly when in 2014 this frequency rose from its usual 7.83 Hz to somewhere in the 15-25 Hz levels—so a jump from 7.83 Hz to 36+ Hz is a big deal. That's more than a five-fold increase in resonant frequency levels. What does this mean to us as inhabitants of Mother Earth? According to neuroscience, frequency recordings of 36+ Hz in the human brain are more associated with a stressed nervous system than a relaxed and healthy one.

It has long been suspected that human consciousness can impact the magnetic field of the earth and create disturbances in it (and vice versa), particularly during moments of high

anxiety, tension, and passion. If you aren't aware that we're living in a time of high anxiety, tension, and passion, then you probably are not aware. In addition to the highly charged political, social, economic, and personal environments of our current time, many people have also been feeling like time is speeding up. This might explain the intense disturbance most of us are feeling at this time in history. Could the drastic rise in frequency have something to do with this?

As we know from science, the higher the frequency, the more highly diversified the information those frequencies carry. Since we are organic creatures made of matter and susceptible to electromagnetic fields, and because our lives are inseparable from the earth, then if the earth's frequency is rising, shouldn't that also raise our frequency?

Evolution has not always been an easy process, but the energy behind it—the energy of the unified field—is always moving towards greater degrees of organization and wholeness, both within and without. If the earth's electromagnetic field is raising, then shouldn't that allow our brain to be able to pick up greater frequencies that are even higher than the stressed state of high beta brain waves? If so, is there a range of brain frequencies above the scale of high beta brain waves that—instead of being associated with a brain that is over aroused and imbalanced—is associated with a brain that is more aware, conscious, and creative?

Increases in frequency create increases in consciousness, and when our consciousness increases, we have greater awareness—and that's what gamma brain waves are. Gamma

brain waves, which can be more than twice as high as high beta brain waves, represent an aroused state in the brain, however, they are not connected to the survival states of emergency mode, but correlated with a kind of super consciousness and awareness, as well as higher amounts of love and compassion. As the earth goes through her metamorphosis, maybe we too have to transition through this time of emotional intensity related to beta brain waves before we enter a new consciousness of gamma brain wave states. And wouldn't that upgrade our nervous system and expand our perception and awareness of reality?

Perhaps we are on the verge of a great evolutionary jump. Another way to say it is we are going through an initiation, after all, isn't an initiation a rite of passage from one phase to another? Perhaps the earth is assisting us in lifting the veil, initiating us to a quickening in energy, and enabling us to see our true nature. Maybe when we see, remember, and awaken to who we truly are, human beings can finally move as a collective consciousness from a state of surviving to a state of thriving. <https://youtu.be/G8Swr8BVqxs>

Teal Swan: Raising Frequency and Increasing Vibration

January 26, 2015 By Steve Beckow

teal-missionTeal Swan, internationally recognized spiritual leader and spiritual catalyst, uses her abilities to remind people of the united, energetic nature of this universe, teaching us how to find bliss in the midst of even the most difficult challenges.

Her YouTube below, explains how consciousness and vibrational frequency go hand in hand: how a low frequency is a decreased state of consciousness where perception is limited and how a high frequency is an increased state of consciousness and perception is heightened.

The lower our vibrational frequency, the less we're able to comprehend because our ego restricts the Flow of Life Force/Source Energy and Intuition/Love through our mind and body.

The higher our vibrational frequency, the more we're able to comprehend because we're allowing a greater Flow of Life Force through our minds and bodies.

Teal explains that raising our frequency means feeling better. She says the trump card to raising our frequency is: focus.

Nothing is more important than the thoughts we are thinking and what we're paying attention to — what we're focusing on. We cannot focus on things that cause us to feel discomfort and still hold a high vibration.

In this video Teal describes eleven steps we can take to increase our frequency.

[youtube] www.tinyurl.com/frequencyhowto

Teal's 11 Tips to Help Raise Our Frequency and Increase Our Vibrations

1. Intuitively we know what kinds of things we could change in our lives to live in a higher frequency. Make conscious positive changes in our lifestyles, beliefs, fears and judgements.

2. Music is an amazing vibrational tool because it crosses all boundaries “sidestepping” the ego. The ego does not resist the high frequency of the music. When we listen to music we are causing our own vibrations to entrain with the frequency of the music we are listening to. It is up to us to be really honest about what music makes us feel good.

3. Spend time near people, places, things which hold a high-frequency in and of themselves. These could be spiritual teachers, friends, animals, or crystals. Nature is a good example of something which holds a very high frequency because nature is in a state of non-resistance.

Anytime we are spending time around something with a higher frequency, we are entraining with that higher frequency.

4. Anything inspiring is going to raise our frequency. Reading books that cause us to feel good about ourselves in the world, watching movies that make us feel good and inspire us, and listening to spiritual teachers that inspire us and cause us to awaken to our own magnificence raises our frequency

5. Exercise, physical movement causes energy to move through us and oxygenate our brains. It stimulates the release of endorphins which are frequency elevating chemicals. Feel the Joy from physical movement making sure that the exercise we choose we like doing, that it is not an exercise that we're forcing ourselves to do because that is going to be counter to raising our frequency.

6. Aromatherapy or colour therapy just like music causes us to entrain with a higher frequency. Aromatherapy and colour therapy causes us to entrain with the frequency of whatever ingredient went into the aroma or the frequency of the colour that we are looking at.

7. Writing in a positive aspects journal or a gratitude journal is a very good way to help us to hold a high frequency because of the effort it takes to put pen to paper or fingers to a keyboard — it strengthens the vibration of whatever we are focussed on.

We can if we choose do this instead with focus. For example, when driving, we could do a scavenger hunt for positive aspects. As we drive we could look for things that make us feel good when we look at them: “I like the colour of that car” or “I like that that mother is holding her child’s hand.” Looking for things that we like to look at — by doing this we are focussing positively and causing our vibration to increase.

The reason it is so important to be in an attitude of gratitude or state of appreciation or positive focus is because the state of appreciation is the exact vibrational match to the vibration of Source Energy. It is pure unconditional Love when we look at something with an attitude of appreciation.

Anytime we choose this kind of focus we are causing ourselves to resonate with the highest frequency there is.

8. Spending time in water raises our frequency. Light is the manifestation which holds the closest vibration to that of pure Source Energy. Water is only second to that. It’s vibration is so close to that of pure Source Energy that any time we spend in water we are resonating to the frequency of Source itself and this is why it feels so good to take a shower or a bath and why we associate it with cleansing because vibrationally it does.

9. By practising random acts of kindness, we are projecting and radiating Love outwards — we are in a high vibration. It's one of the best things we can do to increase our vibration.

10. Inquiry or any questioning we do brings us to higher and higher levels of awareness and sets us free from the illusion of fear and limits. The more we know ourselves, the more we get outside the box (the constructed self) by being deeply introspective, the easier it becomes to permanently hold a high frequency.

11. Laughing and smiling or anything we can do or think or say or watch or be around that causes us to smile or laugh is automatically going to increase our vibration. Laughter can be thought of as the by-product of an increased vibration. It's what happens when the increased vibration causes us to discharge some of that positive energy. Spend time seeking things which cause us to smile and laugh.

By dedicating ourselves to happiness and prioritizing our own personal happiness above everything else, we can raise our frequency.

If we are dedicated to raising our frequency, we can't afford the luxury of a negative thought. If we have a negative thought however, we should never resist it. By getting frustrated that we had it, we are resisting — this is resistance.

In other words we are fighting fire with fire so if we can just accept that we are where we are, and express it in a healthy way, and then move in a direction of feeling better emotionally we can raise our vibration.

Anything that brings us Joy is going to help raise our frequency and it is our choice to entrain with that vibration. We are the ones that are ultimately in charge of raising our vibrations. Nothing else can cause us to do that.

It simply takes the sensitivity to tune into our emotions, continual introspection to become more conscious and aware, and a commitment to our own personal happiness. Our emotions are the indicator of what our frequency and our vibration is, so the better we feel, the higher our vibration is. It's as simple as that.

Raising Frequency and Increasing Vibration by Teal Swan, January 26, 2015 at

<http://tealswan.com/>

Conclusion

As the Pisces era draws to a close. The Age of Aquarius begins with a great wave of universal ideas! We going from the era where human sacrifices material and man, to a new period focused on one's interior, which values more the human soul, his health, his intuition and his environment. Indeed, people are aware, more and more, the impact they have on the environment and on their bodies, through their constructive thoughts, and some of their daily gestures.

Wars, wild planetary deforestation and pollution are the greatest wounds of the Pisces era. The benefit is acquired without that man takes account of the adverse effect of the means of production. However, we must think ecologically. We need to plant trees!

Suppose that from now, the human race is more spiritual. It will be for the greater good of all, because, it will save the planet. Will you be among those who are already working on it?

Is it not true that life is the most beautiful adventure on Earth?

In your daily rapport with your inner self, have you already asked yourself: What's the purpose of our lives in these turbulent times which our planet and humanity experience every day?

Life, as we know it now, is about to change. After a long cycle of 200,000 years (Earth's cycle) and the coming of the son of God, 2,000 years ago, the Earth is poised for a change, that will allow love and compassion to propagate in all hearts. The thousand years of peace, initiated by the New Age movement, takes place in this precious global garden.

Every day let's take appropriate gestures to mitigate the negative impact that our actions can have on the environment, and our health!

I spent 30 years of my life to find a way that would lead me to the discovery of a new world. One day, I realized that everything came from the Interior of oneself. At the beginning, I felt especially my aversion to the polluters and my sorrow to see humanity threatened to disappear. Hans Jonas says that « in waking us up in time and to save us from the tyranny of dictatorship pretending to do the work of salvation, which however would be preferable to ecological disaster, one should not wish the physical survival at the price of liberty. Liberty represents the condition of the ability of responsibility - and that is a reason why mankind must continue to exist ».

Today I vibrate in the light of all the caring hearts and filled with love that work for us all. The Mayas, Incas, Aztecs were right: It's a new beginning. Unfortunately, the media and the newspapers have no place for these topics, which deal with an infinite love for humanity and the reign of the mineral, vegetable and animal world that surround us. That

is why this book takes all its importance. The Great Work of Timothy Leary, PhD in Psychology of Harvard University of Berkeley, California was right! S.M.I.².L.E. The information contained in it encourages you to keep in touch with your soul in these crucial times in our history and to take action on the global ecology. Ecology begins at home! And evolution is inside the sacred space of the heart.

www.tinyurl.com/sacredheartjourney



Gilles Morand, (RMT), author. ca.2022.

S.M.I.² L.E. advocate

Green Global Ambassador

A little bit of me

My debut as an author dates from 1982, with my first book *Massage For All* - which sold more than 200,000 copies in French and was further translated into Italian.

ORTF Radio France was kind enough to interview me with the participation of Marcello Chiocchio, a radio presenter, well known at the time. Quatre-Saisons television also made me look at one of their shows, *Bonjour TQS* in 1989. Montreal Radio University 2012.

With my work, I managed to make myself known, as worldwide accounting and book sales amounted to more than two hundred thousand copies. One could definitely classify these books in Québec as best sellers with more than 200 000 copies sold as today...

From 1988 to 2011, I worked full-time in a hospital. However, my concern for the preservation of health, prevention and treatment of diseases is ancient. This already made 40 years of working in the field of alternative, natural and holistic medicine. Massage Therapist and author, I worked with dance companies and theater members in various sports centers, medical centers and spas. I also gave to university courses on massages. I was recorded as early as 1990 in the international esoteric encyclopedia. A few TV interviews from 1982-2016, where I spoke about the big transition in the life of millions individuals and I explained the Mayan civilisation spiritual heritage and the actual real state of the glaciers. Timothy Leary was right! We must leave the planet (7% are programmed genetically to escape the planet) before it is too late for the human race. Use the 8 Circuits of Dr Leary and you'll be ok especially Read or buy the book of Antero Alli: « Angel Tech » (2012 version www.originalfalcon.com) to navigate safely in your brain with or particularly no drugs at all Mr. Alli wrote. Together we can open our minds and awakening ourselves and the human race that the end of life on Mother-Earth-Gaïa is not the solution but a danger to be solve with intelligence. Be sure that you understand the importancy of The Green Movement www.thevenusproject.com

www.tinyurl.com/thrive11gilou

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Join Us Today! Choose USA:

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www.tinyurl.com/vitalus For less than \$100

Note: you can be in business with personalised website in 15 minutes. Start saving the environment TODAY!

It seems that every person awake on the planet is talking about a global change of consciousness that will affect every man, woman and child on Earth. This information passes through each Open Gate. Lightworkers around the world indicate that when this change of consciousness is victoriously accomplished, the mass of humanity will be fully integrated with its I AM Presence. We will then express each thought, feeling, word, action and belief through the Heart of Consciousness. As surprising as this concept of change of consciousness may seem, it is absolutely true. The problem is that when we contemplate what should happen in the hearts and minds of the masses of humanity to change the consciousness of what we see when we look at the evening news to the consciousness of a Paradise literal on Earth, our mind seems to bypass it and we can not understand the possibility of such a transformation. For many, this idea seems even irrational or delirious, but it is not. It is difficult for us to understand this because at the moment we are literally walking on two worlds. It's almost impossible to imagine how we'll get there, BUT WE'LL DO IT! This change of consciousness involving the masses will be victoriously accomplished thanks to the unified efforts - you and I - and the rest of the waking humanity. We are One with our brothers and sisters of the family of

Humanity. When every person on Earth will be awake to the Consciousness, we will all know that it is impossible to harm a part of Life without harming us and without harming every aspect of Life...

We are responsible for what we do to the planet!

Go Green! Earn Big!

Healthy You! Healthy Planet!

Be Green Worldwide And Save Mother Earth Gaia!

<http://gmmessageplus.wixsite.com/green>

Today, according to statistics, the rich get richer and the poor get poorer. What are governments doing? They adopt policies that reduce the number of middle class citizens (incomes between \$50,000 and \$100,000 per year). As a result, the quality of life of the middle class is diminished and freedom, in turn, is thereby restricted. It is necessary that governments encourage the rich to gradually take their environmental responsibilities and be respectful towards other human beings, wherever they decide to invest. For some people, perhaps millions of people worldwide, network marketing is the solution! But beware! We must not delude ourselves. If you have money, you can make money - this is

a well known fact. However, to succeed, we must act. In other words, you always have a chance to succeed, even with a low income. The status quo has no future. It's exuberating stagnation. Cooperation, affiliation and the unselfish collaboration are the forces that create prosperity. Moreover, this type of marketing is based on such a principle, hence so does the most part of its growing international popularity. Network marketing favors all classes of modern societies in more than 70 countries and territories. Basically, you will succeed to the same extent that you help people succeed around you. Build a team of winners. Make money, while making money for those who are part of your network. Because the more and more people that apply this honest principle, the more we can expect an increase in the number of people belonging to the middle class.

Website:

www.gmmassageplus.wixsite.com/green

For americans and spanish people Drunvalo Melchizedek explain 4th and E.T. :

<https://youtu.be/5X4KPaKD1D8>

Period	Stage of Evolution
1. Bio-Survival (Marine) Stages	1. Invertebrate 2. Marine-vertebrate 3. Amphibian
2. The Terrestrial Mammalian Stages	4. Evasive Mammalian 5. Predator Mammalian 6. Hunter-Gatherer
3. The Symbolic Tool Stage	7. Tool User, Paleolithic 8. Tool Maker, Neolithic 9. Tribal, Metal Age
4. Industrial	10. Feudal 11. National, Low Industrial 12. Multi-National, High Industrial
5. Cyber-Somatic Piloting Sensory Info	13. Individual Consumer Hedonism 14. Individual Aesthetic Mastery 15. Hedonic-Aesthetic Linkage
6. Cyber-Electronic Piloting Quantum Electronic Info	16. Individual Consumer Access to Brain and Electronic Technology 17. Individual Mastering of Brain and Electronic Technology 18. Neuro-Electronic Networks
7. Cyber-Genetic Piloting DNA/RNA Data	19. Individual Brain Management through Genetic Technology 20. Individual Mastery of Genetic Technology Information 21. Electronic Networks - Linkage of Genetic Technology Information
8. Cyber-Nano-Tech Piloting Atomic Info	22. Individual Consumer Access to Nano-Tech (Atomic Information) 23. Individual Mastery of Nano-Tech (Atomic Information) 24. Nano Technological Linkage

SMI2LE: The Futurist Thought of Timothy Leary



There are many names in the world of futurist thought past and present, but one that is often overlooked despite his influential impact is the High Priest of the psychedelic movement: [Dr. Timothy Leary](#).

Leary lived a varied life filled with scientific research; psychedelic therapy; metaphysical exploration; social commentary and government oppression. During his time spent inside prison, he developed a futurist philosophy summed up in the phrase S.M.I2.L.E. – Space Migration, Increased Intelligence, Life Extension. These ideas developed out of Leary's life-long interest in the evolution of humanity away from our primal roots, but they also had another influence which Leary termed the 'Starseed Transmission'.

The Starseed Transmissions were a [series of experiments in group telepathy](#) that occurred during Leary's time in prison. These experiments allegedly culminated in a communication with some kind of extra-terrestrial intelligence; that through a rather cryptic series of messages set forth the futurist programme that Leary would adhere to quite stringently for the latter part of his life. Whatever happened during that time, it certainly had a profound impact on the man and his ideas of future progress.

Now that you understand a little bit of the background behind Dr. Timothy Leary's futurist philosophy, let's take a look at the state of affairs for each of these three categories. Leary was quite optimistic whilst alive that many of these things, particularly life extension, would be very well progressed within his own lifetime. Unfortunately, this didn't come about quite as quickly as he may have imagined; however we're certainly beginning to approach a period of human history where the SMI2LE formula will be become increasingly relevant. So, let's have a quick look at where each of the three sectors stand:

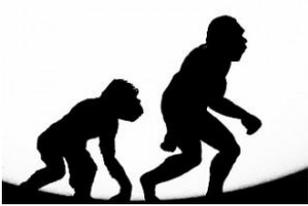
Space Migration:

Since Leary's time, the understanding and exploration of space and the structure of the universe has certainly progressed a great deal. However, when it comes to human space migration not too much has really happened. Although that certainly isn't to say that we're not progressing in that direction.

We now have a developing space tourism industry which is bringing private corporate money into the arena. Funding levels for NASA are an obvious indicator to watch when it comes to government initiatives, and at the moment the US seems to be a little undecided on exactly which way they want to go with this. Obama wants to increase spending, particularly focusing on getting people to the International Space Station; and also continuing to push for an eventual manned mission to Mars.

Despite all of this though, it still looks like real space migration (and particularly anything beyond the surface of our own Moon) is a long way off into the distant future. Technology for this kind of enterprise requires very long lead-in times, and with current widespread austerity measures being set into place space migration is unfortunately just one of those things that becomes less and less of a priority. The first and most obvious sign to watch for progress in this area is the first manned mission to Mars – which current indications state will begin around 2030 at the earliest.

Increased Intelligence:



This one is an interesting category to try and examine, because it can really cover many different things. For Leary, this component was needed in order to properly utilise the revolutionary technology and understanding of our role in the universe. But there are a few different ways of looking at this within a modern context.

To begin with, the advent of the internet and its increasing ubiquity in our knowledge economies could be described as a kind of increase in intelligence.

Particularly with emerging technology such as augmented reality we are now increasingly seeing an information overlay onto the world before us (with some very interesting and even [life-saving applications](#)). Memorising historical facts, and other such rote-learned information, is also becoming increasingly irrelevant as the speed at which we can access this information increases to almost instantaneous levels.

Of course, this way of looking at things somewhat ignores our ability to really do anything innovative with that information – which is really more in line with what Leary was talking about. In many ways, increased intelligence was seen by Leary as quite a literal outcome of neurological pharmaceuticals which would increase the capabilities of our brains. In other ways, it was seen in a more metaphysical sense – our ability to use our intelligence to understand the ‘reality tunnels’ that we exist within; to develop a meta-intelligence that was able to examine itself and act upon and develop our own personalities accordingly.

In this latter sense, it's difficult to really know whether or not we are progressing along the lines that Leary envisaged. Certainly, it seems that people today are just as likely to be caught up in their own cultural and emotional paradigms as ever before; although having said that, there is now a vastly increased body of literature that explains this fact and the many and varied processes available to try and overcome it. Whether or not as individuals we are becoming more 'intelligent' is difficult to ascertain – but we seem to at least be developing a growing sub-group of thoughtful people who are forging ahead for the rest of us.

Life Extension:

The final part of Leary's S.M.I2.L.E. trilogy is probably the one that we are nearest to seeing some true progress on. This category is really one in two parts, the first is elimination of early death and the second is extension of maximum life span. When it comes to the first part of this life extension equation we are really progressing in leaps and bounds – even when just examining things in the last 30 – 40 years since Leary was first discussing his futurist ideas. Areas such as treatment of cancer are really seeing some remarkable advancements in just the last few years.

In the developed world, the average life expectancy is now roughly 80 years; and has increased by about 10% even just in the last 20 or 30 years. A large factor which will be influencing our ability to extend our maximum life span, as well as eliminate early death, has been the cataloguing of our genetic code.

Unsurprisingly, the revelation of the DNA code was central to Leary's concepts of SMI2LE and was to play an absolutely central role to everything else he discussed that surrounded it.

Longevity research is something that always seems a lot more promising than it delivers on. For decades longevity scientists have been optimistically pushing the 'only a few more years' line, but unfortunately the reality seems to be further away than that. However, even by conservative estimates, by the middle of the 21st century (i.e. about 40 – 50 years from now) we should have made a great deal of headway in figuring out just [how our DNA impacts](#) the creation of increasingly fragile and damaged cell structures. Once this has been figured out, then we move ever closer to truly extending our maximum life span.

In the meantime, of course, our ability to eliminate early death is increasing by orders of magnitude every 5 – 10 years – and so it is not out of the realms of possibility to say that the vast majority of those currently under the age of 20 in the developed world will live past 100 years of age (apart from any accidental or non-natural deaths).



Ginsberg, Leary and Lilly - a conversation worth sitting in on!

Overall, what Leary provided was quite an interesting synopsis of three major categories that futurist thought should be focused upon.

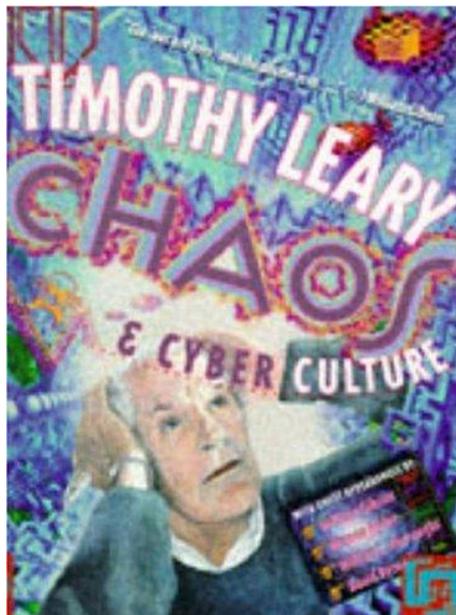
It was his belief that these three categories were the ones required for the human race to truly inherent its biological and cosmic destiny. To truly say that we have 'progressed'.

No matter what we feel about Leary's personal philosophy/theology/science, it is difficult to deny the fact that space migration, increased intelligence, and life

extension would play a pivotal role in any kind of utopian futurist scenario that we might be able to come up with.

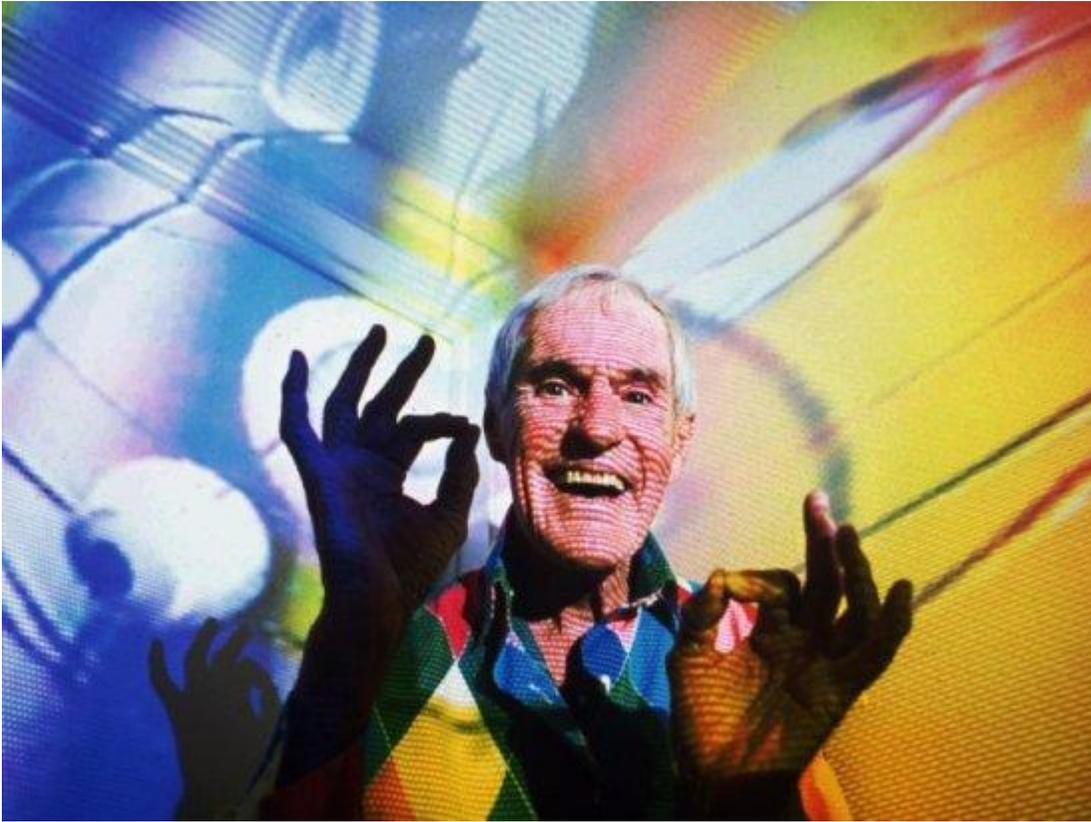
Just how far away we are from truly achieving these things is very difficult to guess – and the only thing we can really say is that Leary's thoughts on timeframe were off by quite a large degree (relatively speaking). Maybe the forthcoming information spike (or Singularity) that most data is pointing towards will truly bring about these things at an incredibly rapid pace, possibly even well before we can truly comprehend just how much they will change humanity as a whole.

If we can learn anything from Leary's work in futurism, it is that we must not be complacent in presuming that we will just miraculously end up in some kind of sci-fi utopia. We must be explicitly aware of where we are going, and most importantly why we are going there, if we ever hope to live up to our potential.



Tim Leary's 'Starseed'

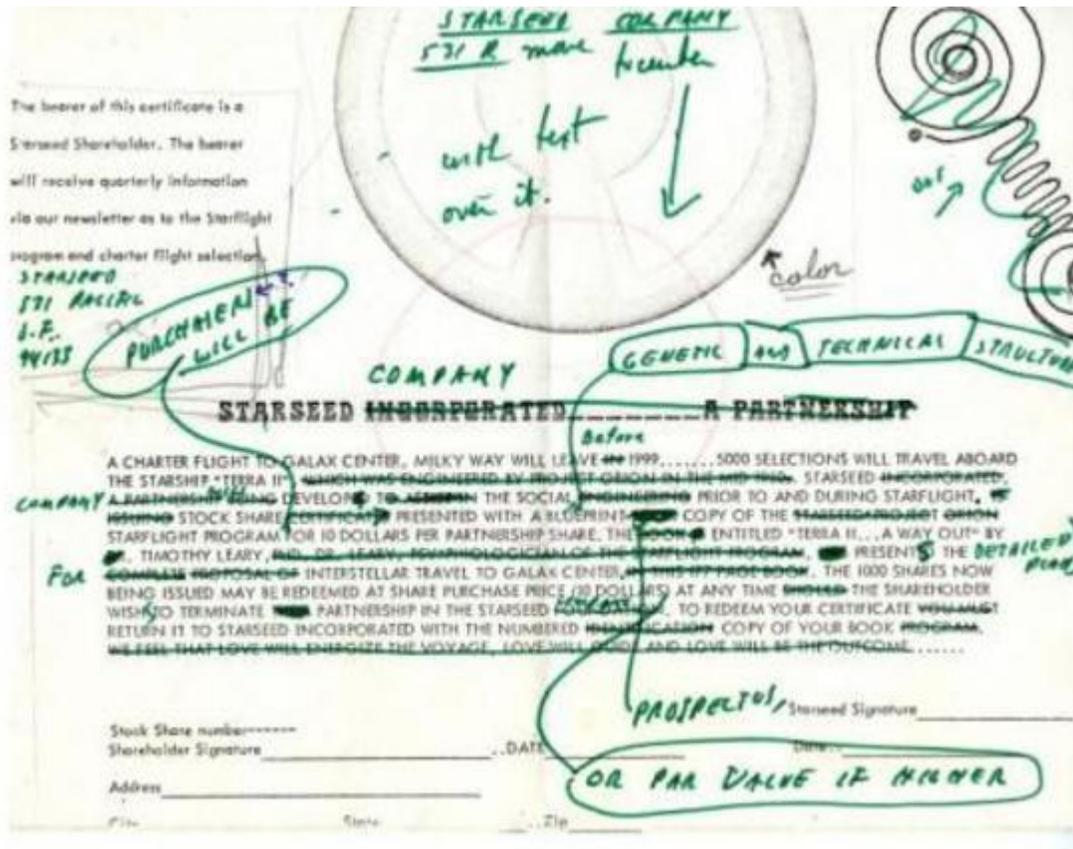
March 6, 2018 By [Andrew Belonsky](#)



Best known for capturing the sixties zeitgeist by turning on and dropping out, Tim Leary was also extremely interested in the future, and it's of the future that [Starseed](#) speaks.

First published in 1973 and developed while Leary was in the "black hole" of Folsom Prison, where he was held on marijuana possession charges and where he believes solitary confinement sent his and his friends' minds into the future, offering details for what would become his theories, Leary's philosophy basically says that some cosmic womb launched celestial semen across the universe, seeds from which grew diverse consciousnesses, including life on earth.

“Life is disseminated through the galaxies in the form of nucleotide templates. These ‘seeds’ land on planets, are activated by solar radiation, and evolve nervous systems. The bodies which house and transport nervous systems and the reproductive seeds are constructed in response to the atmospheric and gravitational characteristics of the host planet, the crumbling rock upon which we momentarily rest.”



Early draft of Leary’s futurist work “Starseed.”

This idea would become the basis of Leary’s future futurist work: theories that can be summed up with Leary’s very cheery, very of-that-era acronym, [SMILE](#), which stands for Space Migration, Increased Intelligence, and Life Extension.

Space Migration: This is pretty standard stuff, i.e. the idea that future man will need to live in space or other planets to either save our own or because our own is already destroyed; but Leary also believed this type of migration would allow humans a more essential and evolutionarily-useful understanding of the universe.

Increased intelligence: The I2 in SMI2LE, this type of thinking breaks free from rote memorization and standardized testing, encouraging instead critical thinking and strengthening of the mind in general.

Life Extension: The real meat of Leary's Starseed-centric philosophy, life extension is about more than just increased age and longer lives. It's the idea that our minds and "robot bodies" are distinct, separable elements of our being.

While our bodies will turn to dust, our minds can operate on eight circuits, the final one of which will transmit our consciousness' into the cosmos, into the atomic level. This is much like what [Arthur C. Clarke](#) wrote about in the *Space Odyssey* series, as well as in *Childhood's End*: an over mind.

And in true Leary fashion, the various circuits of consciousness could be activated, he said, via drugs, with ketamine the key to the ultimate circuit. So, you heard it here first, folks: the future is a k-hole.

If you need more explanation, here's a link to [Leary's 1979 comic book](#) explaining this all in more detail.